Bowdoin College offers excellent academic preparation for a career in the health professions, and each of our students receives assistance in selecting their individual path through the curriculum. The Office of Health Professions Advising helps undergraduates and alumni investigate their options in health care and guides and supports candidates through the application process to graduate professional programs in health.

Selection of Major
There is no specific pre-health major at Bowdoin; it is possible to concentrate in any academic discipline at the College and gain admission to a health professions program. To that end, it is our hope that the intellectual curiosity of our students will lead them to explore the curriculum broadly and to deeply engage the discipline they are most passionate about studying.

Advising
At any point in their academic career, students and alumni may seek advice from the Director of Health Professions Advising about academic planning and preparation for a career in a health profession. Advising and programming begins during orientation and continues after a student graduates. Programming helps students think about careers that would be the best fit for their life and professional goals. Past programming has included professional panels, workshops, alumni visits, and meetings with professional school deans and admissions officers. The Director of Health Professions Advising helps students explore their interests in greater depth through related internships and community service. The College has volunteer programs with hospitals and clinics in Brunswick, and a network of alumni and local health professionals makes it possible for students to participate in “informational interviewing” and “job shadowing,” and internship opportunities.

Applying to Health Professions Programs
It is the policy of the Office of Health Professions Advising to assist any student or graduate of the college who is seeking admission to a program in the health professions. In recent years, typically between 40 and 50 students and alums request a committee letter or credential packet from the Office of Health Professions Advising. These students work closely with the Director throughout the application process. Admission to health professions programs, particularly in allopathic medicine, is very competitive. At a national level, the majority of students matriculate into medical school at least two years after graduation from college. In keeping with these trends, most Bowdoin pre-health students elect to gain additional experience between college and professional school. During the interim, students continue to explore their future careers and strengthen their application: students have engaged in research, domestic and international service, additional academic work, and teaching, to name a few pursuits. Of those who have matriculated into medical school in recent years, typically 15% have chosen to do so the fall after graduating from Bowdoin, 15% the following year, 45% have enrolled 2-3 years out of college, and 25% have entered medical school 4-8 years after receiving their undergraduate degree. In addition to those whose commitment to health care is longstanding, each year the applicant group includes individuals whose interest in medicine was sparked after they graduated.

Admission to Health Professions Programs
We urge prospective students who are trying to choose between undergraduate schools to look beyond the statistics of each institution to the quality of the curriculum, the pre-health advising, the opportunities in and beyond the classrooms and laboratories, and the support that is offered to applicants to health professions programs. Students will be most successful at an institution where they are happy and deeply engaged. We are extremely proud of the success of our graduates, but in reviewing our favorable numbers, kindly keep in mind that we encourage individuals to apply to programs in health care fields when, and not before, they are in a position to be realistic candidates. The acceptance rate was 86% for students who applied through Bowdoin to enter medical school in 2012 and 2013. Nearly every candidate who has applied to enter programs in dental medicine, nursing, nutrition, occupational therapy, optometry, pharmacy, public health, and veterinary medicine during the past three years has been accepted.
### Programs in Which Bowdoin Graduates Are Enrolled

#### Allopathic Medicine
- Albany
- Albert Einstein
- Arkansas
- Brown
- BU
- Case Western
- Colorado
- Columbia
- Connecticut
- Cornell
- Creighton
- Dartmouth
- Eastern VA
- Emory
- Florida International
- George Washington
- Georgetown
- Harvard
- Indiana
- Jefferson
- Johns Hopkins
- Loyola-Stritch
- Maryland
- Michigan
- Minnesota
- Mount Sinai
- New York Med
- NYU
- Oklahoma
- Penn State
- Rochester
- St. Georges
- SUNY Brooklyn
- SUNY Stony Brook
- SUNY Upstate
- Temple
- Tennessee
- Texas Tech
- Tufts
- Tufts Maine Track
- Tulane
- UC Irvine
- UC San Diego
- UC San Francisco
- UCLA
- UMass
- UMDNJ
- UNE
- UPenn
- USC
- Utah
- UVA
- UWashington
- Vermont
- Virginia Tech
- Wright State
- Yale

#### Nursing
- Columbia
- Pennsylvania
- Yale

#### Osteopathic Medicine
- NYCOM
- PCOM
- Rocky Vista
- Touro NY
- UNE

#### Pharmacy
- Feik
- Massachusetts
- UCincinnati

#### Physician Assistant
- Midwestern
- Philadelphia
- UNE

#### Public Health
- BU
- Brown
- Columbia
- Harvard
- Johns Hopkins
- Yale

#### Dental Medicine
- Arizona
- BU
- Columbia
- Harvard
- Loma Linda
- Minnesota
- New York
- Pittsburgh
- Temple
- UMDNJ
- UPenn
- USC
- Tufts
- Western

#### Veterinary Medicine
- Illinois
- Michigan State
- Missouri
- Ohio
- PEI
- Univ Coll Dublin
- Tennessee
- Tufts
- UPenn

*Fall 2013*