Introduction
Bowdoin College is committed to the support of all students inclusive of their gender expression and/or gender identity. This guide was created by the Transgender Working Group, a collaboration of the Resource Center for Sexual and Gender Diversity, Counseling Center, Student Health Services, the Office of the Registrar, the Office of the Dean of Student Affairs, the Office of Residential Life, the Department of Athletics, and the Office of Student Aid. The guide was created to assist students who identify as transgender, gender non-conforming and/or gender questioning. For the purpose of this guide, transgender will be used as “an umbrella term that encompasses any individual who does not conform to society’s expectations of what it means to be male or female, often an individual whose gender identity does not ‘match’ their sex [assigned at birth].”

This guide is intended to be used by both current and prospective Bowdoin students, faculty and staff. It is designed to be a fluid document that will change over time. The Transgender Working Group will continue to meet to address ongoing issues of support. We are open to feedback from the Bowdoin community. The group will look to add more campus offices to this document over time.

Please note, while this guide includes a variety of offices listed as resources there are many other lesbian, gay, bisexual, transgender, intersex, queer and questioning (LGBTIQ) friendly staff and faculty on campus. “Safe Zone” stickers are an indication of allies who have been trained about sexual orientation and gender identity: however, there are other allies who have yet to attend the training. Additionally, any office can be an entry point for a student; there is no presumption that transgender students need to go to a specific office first. Often students will identify a support person to serve as a liaison to other offices on campus. Ours is a small residential community. We deeply respect all students as individuals and strive to personalize our support of individual students and their needs.

Bowdoin College Non-Discrimination Policy
“Bowdoin College is specific and assertive in the protection of all community members: Respect for the rights of all and for the differences among us is essential for the Bowdoin community. Consistent with the bylaws of the College, Bowdoin is in conformity with all applicable federal and state statutes and regulations with respect to equal opportunity and non-discrimination. Discrimination or harassment of others because of race, color, ethnicity, national origin, religion, sex, sexual orientation, gender identity and/or expression, age, marital status, place of birth, veteran status or against qualified individuals with disabilities on the basis of disability has no place in an intellectual community.”
Administrative Resources

Resource Center for Sexual and Gender Diversity (RCSGD)
The RCSGD’s mission is to contribute to an inclusive campus environment in which LGBTIQ people and allies feel safe, supported and valued.

The values of the Center are:

- **Safety** for all students in their residential, academic and social environments;
- **Support** for LGBTIQ staff and faculty which allows people to assist LGBTIQ students, serve as community role models, and perform best in their jobs;
- **Acceptance** for people’s complete identities including sexual orientation, gender identity, race, ethnicity, religion, socioeconomic class, age and ability;
- **Individualism** in the coming out process;
- **Confidential** and **non-judgmental** spaces to discuss sexuality and gender identity; and
- **Exploration** and **self-discovery** for all college students.

Students can connect directly with the director of the Center. The director is available to offer individual support, make connections with other campus departments, and provide campus and external resources.

Additionally, students may turn to another student for peer support, by contacting an OUTPeer or OUTAlly. OUTPeers/OUTAllies posters are available in most restrooms on campus and OUTPeers host weekly drop-in hours. All OUTPeers and OUTAllies training includes information regarding gender identity and expression.

Contact: Kate Stern, Director of Resource Center for Sexual and Gender Diversity, kstern@bowdoin.edu, 207-798-4223

Office of the Dean of Student Affairs
The Office of the Dean of Student Affairs supports transgender students in a variety of ways. Other offices on campus, and particularly faculty members, will likely look to a student’s dean for information and guidance. The student and dean should discuss what language the student is comfortable using, and the amount of detail that the student feels comfortable having the dean share with faculty or essential staff members on campus. Transgender students should know:

- All first-year students are assigned to the Dean of First-Year Students and in subsequent years to one of the three upper class deans based on last name. If a student would prefer to work with a different dean, who better fits their individual needs, a request can be made to the Senior Associate Dean of Student Affairs.
- The student’s dean can share relevant information with other campus offices if desired by the student. Additionally, the student’s dean can be a liaison to anyone within the campus community, for example, faculty, job supervisor, coach, proctor or resident life assistant (RA)
• Faculty members (and other campus departments) who have questions or concerns about any student often contact that student’s dean. For students who are transitioning, the dean will continue to be the primary contact with faculty, but can work together with another support person (Director of the Center, coach, etc.) if that is desired by the student.

Contact: Your assigned dean or Kim Pacelli, Senior Associate Dean of Student Affairs, kpacelli@bowdoin.edu, 207-725-3490

**Residential Life**
The Office of Residential Life is committed to supporting transgender students and providing a safe living environment for all students on campus. Transgender students should feel free to contact the Office of Residential Life at any time if they have concerns or questions about their residence hall, room assignment, or, more generally, the living and learning environment at Bowdoin College. Through annual and weekly training of the proctor, RA, and house proctor staff, Residential Life is also committed to raising community awareness of transgender issues and creating a supportive climate for students of all gender identities.

**Housing Assignments:**
Incoming first year students may include specific housing needs on their one-line Housing Preference form. They may also contact the Director of Residential Life prior to June 1 of their entering year to discuss housing options for their first year. Upperclass students who want help navigating the Housing Lottery process should contact the Director of Residential Life before April 1 (prior to the start of the following year’s Housing Lottery process) to discuss housing for sophomore, junior, or senior year.

Contact: Meadow Davis, Associate Dean of Student Affairs / Director of Residential Life / Deputy Title IX Coordinator, mdavis1@bowdoin.edu, 207-725-3037

**Student Health Services**
Student Health Services at Bowdoin College provides medical care to all students. Staff members are committed to promoting the health and well being of the Bowdoin College community by providing quality care. The approach is holistic and emphasizes health promotion, disease prevention and individual self-advocacy. Staff members in Student Health Services foster wellness, in the broadest sense, within the College community as a whole, and for every individual member. Staff members strive to create a welcoming environment for all LGBTIQ students.

Student Health Services provides transgender students access to a caring, supportive, nonjudgmental and confidential clinical environment including:

• Support through a student’s process of transition including but not limited to hormone therapy and surgery;
• Administering of hormone injections and drawing necessary laboratory tests as prescribed by the student’s primary provider;
• Sharing resources with the Director of the Center and other appropriate staff at the students’ request.

Please note: It is required that medical records use a student’s current legal name. Should a student wish to be addressed by another name, this can happen in the clinic, but not on medical records.

Contact: Birgit Pols, Director of Health Services, kbpols@bowdoin.edu, 207-725-3178

Counseling Service
Counseling Service (CS) is committed to providing a safe, confidential, advocacy-oriented and nonjudgmental relationship to explore thoughts, reactions and feelings regarding gender and sexuality. The CS staff regularly participates in trainings to remain current with transgender theory and practice, and several staff members have particular interest and experience counseling students around transgender issues and concerns. Specific services available to students include:

• Brief or long term counseling as requested by the student;
• Psychiatric consultation, assessment, or psychotropic medication monitoring as needed with physicians who are LGBTIQ friendly; and
• Staff committed to advocating for sexual and gender equality concerns beyond the realm of one-to-one counseling whenever possible.

The Counseling Service welcomes feedback and constructive criticism if there are ways that our services can be more effective and helpful to transgender students on the Bowdoin campus.

Contact: Bernie Hershberger, Director of Counseling and Wellness Programs, bhershbe@bowdoin.edu, 207-725-3069

The Department of Athletics
Athletics is committed to supporting every student who wishes to participate in intercollegiate sports. If a student has any questions or feels uncomfortable with anything related to athletics, we strongly urge them to meet with the Director of Athletics or the Senior Women’s Administrator (SWA) to discuss possible accommodations.

If a student is considering transitioning or is in the process of transitioning, it is important for them to discuss with the Director or the SWA the rules put forward by the NCAA with which the College must comply.

As a guideline, a student transitioning from female to male and who is engaged in hormone treatments may play on a men’s team, but not a women’s team. A student transitioning from male to female, may play on a women’s team after completing one calendar year of testosterone suppression. Whenever documentation is required, staff in Athletics will work Health Services to ensure confidentiality.
Office of the Registrar
The Office of the Registrar maintains information related to students. Students who wish to change their name and/or sex as listed with the College should contact Julie Bedard to make an appointment.

Contact: Julie Bedard, Associate Registrar, jbedard@bowdoin.edu, 207-725-3872

Financial Aid and Student Employment
While many policies governing financial aid are administered by the United States Government, Bowdoin staff work to provide support to students. Staff in both the Financial Aid and Student Employment offices will help transgender students navigate processes relevant to changes in name and/or listed sex.

Contact: Michael Bartini, Director of Student Aid, mbartini@bowdoin.edu, 207-725-3146

Health Professions Advising
Students interested in exploring the health professions are encouraged to approach the Director of Health Professions Advising, Seth Ramus, at any time in their Bowdoin career. The Office of Health Professions Advising provides help for students in course selection, and deciding which, or even if, the health professions are the student’s goal. The office maintains an informational mailing lists and programming throughout the academic year and summer, and supports students through the graduate school application process. This service is available throughout a student’s career at Bowdoin, and even after the student graduates. Often a student’s motivations for pursuing a career in the health professions derives from personal experiences, and so navigating applications may be challenging for transgender students in deciding what to disclose and when. Dr. Ramus is happy to candidly discuss your concerns in a confidential, non-judgmental and friendly way.

Contact: Seth Ramus, Director of Health Professions Advising, sramus@bowdoin.edu, 207-725-3624

International Programs and Off Campus Study
Studying abroad for a semester or a year can be an important part of the undergraduate experience. Staff at the International Programs and Off Campus Study office work individually with transgender students to identify study abroad programs and country destinations that best fit academic goals while providing the resources needed to have a successful study abroad experience both academically and personally. During program choice advising as well as pre-departure and re-entry orientation, our two-person staff will offer transgender students an open
and welcoming environment to discuss their goals, hopes, and concerns about their off campus study experience.

Contact: Christine Wintersteen, Director of International Programs and Off Campus Study, cwinter@bowdoin.edu, 207-725-3562

**Student Fellowships and Research**
The Office of Student Fellowships and Research strives to inform all Bowdoin students about undergraduate research opportunities, primarily at Bowdoin, but also at institutions across the country. Additionally, the staff works with students and alumni to identify and apply for nationally competitive fellowships and scholarships (e.g., Fulbright, Rhodes, Watson). Students who are interested in learning more are invited to make an appointment. Director of Student Fellowships and Research, Cindy Stocks, is happy to help students determine which fellowship(s) might be a good fit and to guide students through the process of submitting the strongest possible application, which for a transgender student may mean having an open discussion about disclosure in the application process.

Contact: Cindy Stocks, Director of Student Fellowships/Research, cstocks@bowdoin.edu, 7

**Other Campus Resources**

**BQSA**
The Bowdoin Queer Straight Alliance is a supportive group for lesbian, gay, bisexual, queer, transgender, and questioning students and their allies. The BQSA is committed to raising awareness and providing outreach at Bowdoin and the Brunswick community. BQSA welcomes people from all walks of life and does not discriminate based on real or perceived sex, sexual orientation, gender identity, gender expression, race, religion, or class. BQSA sponsors speakers and campus-wide discussions, hosts parties and movie nights, and engages in other campus programming with the aim of educating the campus community and providing a safe and supportive atmosphere for LGBTIQ students and allies. Meetings take place weekly. Look for orbit postings for time and location.

**OUTPeers**
OUTPeers is a group of comfortably out gay, lesbian, bisexual, transgender, and non-heterosexual students available to offer confidential support to all students interested in discussing issues of sexuality and gender. Look for OUTPeers posters on campus to connect with current OUTPeers.

**Q&A**
Q&A (Queers and Allies) is the Bowdoin faculty/staff network dedicated to supporting LGBTIQ prospective and current staff/faculty and students. Q&A provides one-on-one mentoring as well as social programming for the campus-wide community.
Off-campus Resources

Maine Transnet
Maine Transgender Network, Inc. is a nonprofit organization that provides support and resources for the transgender community, families, and significant others, and raises awareness about the varied forms of gender identity and expression by providing training and consultation for mental health and social service professionals. [www.mainetransnet.org](http://www.mainetransnet.org)

Trans Respect/Etiquette/Support 101
A useful resource for people looking to educate themselves on how to be an ally to the transgender community. [http://transgender.livejournal.com/1103296.html](http://transgender.livejournal.com/1103296.html)

Gender Education & Advocacy [http://www.gender.org](http://www.gender.org)

Legal Aid Society of Mid-New York [http://www.lasmny.org](http://www.lasmny.org)


National Center for Transgender Equality [http://nctequality.org](http://nctequality.org)

National Transgender Advocacy Coalition [http://www.ntac.org](http://www.ntac.org)


Transgender Legal Defense & Education Fund [http://www.transgenderlegal.org](http://www.transgenderlegal.org)
Gender Inclusive Bathrooms
There are currently a number of academic and administrative buildings and residence halls on campus with gender inclusive bathrooms. All are single stall, locking bathrooms. As renovations are undertaken or new buildings designed, an effort will be made to increase the number of gender inclusive bathrooms available on campus.

- Smith Union – 1st floor (single bathroom by polar bear entrance)
- Moulton Union – Dean’s Office, 2nd Floor (8:30-5)
- Hawthorne-Longfellow Library – 2nd floor
- 24 College – 1st and 2nd floor
- 30 College – 1st floor
- Counseling Center
- Kanbar – basement
- Searles - basement
- Adams Hall – 1st and 2nd floors
- Sills Hall – 1st floor
- Massachusetts Hall
- Pickard Theater – basement, 3rd and 6th floors
- Buck Fitness Center
- Hubbard Library Stacks – 6th floor
- Dudley Coe
- Watson Arena (contact Athletic Director for card access)
- Hubbard Hall – basement and 2nd floor (back entrance)
- VAC – 3rd floor
- Chapel
- Banister hall (McKeen Center) – entrance to the right
- Russworm House (Af-Am) – 2nd floor
- Coles Tower – 2nd and 16th floors
- Osher Hall – 1st Floor
- Every College House on the ground floor (Baxter, Burnett, Helmrich, Howell, Ladd, MacMillan, Quinby, Reed)
- Riley House (Sociology and Anthropology – 7 Bath Rd) – 2nd floor
- Pols House (Philosophy and Latin American Studies – 5 Bath Rd) – 2nd floor
i http://www.mainetransnet.org/spectra.html.
ii https://www.bowdoin.edu/hr/handbook/02_general_policies/3733.shtml