

## Tatyana V. Avilova

Office: Hubbard Hall 8  
Email: [t.avilova@bowdoin.edu](mailto:t.avilova@bowdoin.edu)  
Website: [www.tatyana-avilova.com](http://www.tatyana-avilova.com)  
Phone: (207) 208-2300

Department of Economics  
Bowdoin College  
9700 College Station  
Brunswick, ME 04011

---

### EMPLOYMENT and AFFILIATIONS

Assistant Professor of Economics, Bowdoin College	2022-present
Research Associate, Center for Japanese Economy and Business, Columbia Business School	2022-present
Research Associate (助教), Institute of Social Science, the University of Tokyo	2022-2023

---

### EDUCATION

Ph.D., Economics, Columbia University Thesis: Essays in Health Economics Thesis Committee: Dr. Douglas Almond, Dr. Sandra Black, Dr. Adam Sacarny, Dr. David Weinstein, Dr. Michael Best	2022
M.A., Economics, Columbia University	2018
B.A., Economics, Harvard College ( <i>magna cum laude</i> )	2013

### RESEARCH AREAS

Health Economics, Economic Education, Applied Microeconomics

---

### PUBLICATIONS

[“A Randomized Trial of Letters to Encourage Prescription Monitoring Program Use And Safe Opioid Prescribing”](#) with [Adam Sacarny](#), [David Powell](#), [Ian Williamson](#), [Weston Merrick](#), and [Mireille Jacobson](#). *Health Affairs*. 2023;42(1): 140-9.

[“What Can UWE Do for Economics?”](#) with [Claudia Goldin](#). In Shelly Lundberg, ed., *Women in Economics*. A CEPR Press VoxEU.org Book. 2020.

[“What Can UWE Do for Economics?”](#) with [Claudia Goldin](#). *AEA Papers and Proceedings*. 2018;108: 186-90.

### WORKING PAPERS

[“What Did UWE Do for Economics?”](#) with [Claudia Goldin](#). NBER Working Paper 31432 (July 2023).

### WORK IN PROGRESS

[“Regulation Attenuation: Cross-Border Spillovers and Policies in the Opioid Epidemic”](#) (JMP)

“Patient Cost Sharing and Prescription Drug Trends: Evidence from Japan” (available on request)

“Impact of Role Model Videos on Student Cognitive Outcomes through Non-Cognitive Skills” with [Tong Wang](#), Lei Zhang, and [Ryuichi Tanaka](#)

“Impact of New Curriculum for Introductory Economics Courses on Student Opinions and Economic Knowledge” with [Rena Rosenberg](#) and [Sarah Thomas](#)

“Income Shocks and Consumer Response: Evidence from the 2018-19 US Government Shutdown” with [Jiyeon Kim](#)

## PREVIOUS RESEARCH

[“Hospital Implementation of Work-Life Balance Programs and Nurse Stress, Work-Family Conflict, and Work Satisfaction in Ibaraki Prefecture”](#) (Fulbright Research 2013-14)

---

## FELLOWSHIPS, GRANTS & HONORS

- 2021-22     *Dissertation Fellowship* (Columbia University)
- 2020-21     *Wueller Teaching Award*, runner-up for best teaching assistant for undergraduate electives (Department of Economics, Columbia University)
- 2019-20     *Wueller Teaching Award*, best teaching assistant for undergraduate electives (Department of Economics, Columbia University)
- 2018-19     *Alison Hanson Jones Fellowship for Economics and History* (Graduate School of Arts and Sciences, Columbia University)
- 2018-19     *Wueller Teaching Award*, runner-up for best teaching assistant for principles of economics (Department of Economics, Columbia University)
- 2018         *Harriss Prize*, runner-up for best 2<sup>nd</sup> year PhD paper (Department of Economics, Columbia University, for “Patient Cost Sharing and Prescription Drug Trends: Evidence from Japan”)
- 2017-18     *Wueller Teaching Award*, best teaching assistant for principles of economics (Department of Economics, Columbia University)
- 2013-14     *Fulbright Research Fellowship*, University of Tsukuba
- 2013         *Phi Beta Kappa*
- 2013         *ACTR National Post-Secondary Russian Essay Contest*, Second Place (Heritage Learners, Level 3)
- 2012-13     *Tazuko Ajiro Monane Prize* (Harvard University, for outstanding achievement in the study of the Japanese language)
- 2009-10     *Harvard College Scholar*

## CONFERENCE & SEMINAR PRESENTATIONS (including scheduled)

- 2024 *ASSA Meeting* (CSWEP session)
- 2023 Keio University; the University of Sydney; Monash University (Centre for Health Economics); the University of Queensland (Centre for the Business and Economics of Health); the University of Tokyo (Institute of Social Science); Hitotsubashi University
- 2022 Bowdoin College; University of Alberta; RAND; the University of Tokyo (Institute of Social Science); Department of Justice; Bentley University; Virginia Tech; AcademyHealth; the University of Tokyo (Center for Contemporary Japanese Studies); *3<sup>rd</sup> Asian Workshop on Econometrics & Health Economics (discussant)*; Waseda University
- 2021 *LACDev (Liberal Arts College Development) Conference (discussant)*
- 2020 *ASSA Meeting* (“Promoting Female Participation in Undergraduate Economics” paper session)
- 2019 *CORE USA Workshop* (Barnard College)
- 2018 *Undergraduate Women in Economics Conference* (University of Illinois Urbana-Champaign)
- 2018 *ASSA Meeting* (“Gender Issues in Economics” paper session)

### **CONFERENCE & SEMINAR ORGANIZING**

- 2017-2021 *Student Research Breakfast* (Department of Economics, Columbia University)
- 2019-2021 *Diverse Economics Conference: People, Perspectives, Careers*, with the Federal Reserve Bank of Richmond and Robins School of Business, University of Richmond (2019: in-person; 2020, 2021: online)
- 2019 *Young Economists Symposium* (Department of Economics, Columbia University)
- 2018 *Undergraduate Women in Economics Conference* (University of Illinois Urbana-Champaign)
- 2017 *Undergraduate Women in Economics Conference* (Colorado State University)
- 2016 *Undergraduate Women in Economics Conference* (University of Virginia)

### **APPOINTMENTS**

- Jan – May 2021 Research Assistant for Adam Sacarny, Columbia University
- Jan – May 2020 Research Assistant for CORE USA Project, Barnard College
- Aug 2014 – 2020 Project Manager, Undergraduate Women in Economics Challenge, for Claudia Goldin, National Bureau of Economic Research
- Jun – Jul 2012 Research Assistant for Kazuo Yamaguchi, Research Institute of Economy, Trade, and Industry (RIETI), Japan
- Jun – Aug 2011 Research Assistant for Claudia Goldin, Harvard University
- Jun – Aug 2011 Research Assistant for Nathan Nunn, Harvard University

**PROFESSIONAL ACTIVITIES**

- Journals:** *Social Science Japan Journal* (Editorial Board Member); *Southern Economic Journal* (refereeing)
- Membership:** Japan Health Economics Association (医療経済学会), Undergraduate Women in Economics (Project Manager)

**TEACHING EXPERIENCE & TRAINING****Columbia University**

- Principles of Economics* Instructor, Summer 2020  
Teaching assistant, S2019 (with Prof. Brendan O'Flaherty)  
Teaching assistant, S2018 (with Prof. Sunil Gulati)
- Economic Development of Japan* Teaching assistant, F2020 (with Prof. David Weinstein)  
Teaching assistant, F2019 (with Dr. Edward Lincoln)  
Teaching assistant, F2018 (with Prof. David Weinstein)  
Teaching assistant, F2017 (with Prof. David Weinstein)

**Columbia University Mailman School of Public Health**

- Analysis of Large Scale Data* Teaching assistant, F2019 (with Prof. Adam Sacarny)  
Teaching assistant, F2018 (with Prof. Adam Sacarny)

**Training**

- Spring 2021 *Pedagogies of Race and Oppression Learning Community*, Columbia GSAS Office of Academic Diversity and Inclusion and Columbia's Center for Teaching and Learning (CTL)
- Spring 2021 *Inclusive Teaching Seminar*, Columbia's CTL
- Summer 2018 *Innovative Teaching Summer Institute (ITSI)*, Columbia's CTL

**SERVICE & MENTORING**

- Spring 2021 Undergraduate Mentoring Program, Department of Economics, Columbia University
- 2018-2019 Association of Graduate Economics Students (AGES) President, Department of Economics, Columbia University
- 2017-2018 AGES 2<sup>nd</sup> year cohort co-representative
- 2017-2019 AGES Graduate Mentoring Program, Dept. of Economics, Columbia University
- 2016-2017 AGES 1<sup>st</sup> year cohort co-representative
- Spring 2016 Non-Resident Tutor in Economics, Harvard University

**PERSONAL**

- Languages** English (native), Russian (native), Japanese (JLPT N2), French (basic), Spanish (basic)