

## Hannah E. Reese

Bowdoin College  
Department of Psychology  
6900 College Station  
Brunswick, ME 04011

Phone: (207) 798-4146  
Fax: (207) 725-3892  
hreese@bowdoin.edu

### Education

---

- 2010      **Harvard University**  
Ph.D. in Clinical Psychology
- 2006      **Harvard University**  
M.A. in Clinical Psychology
- 2002      **Wellesley College**  
B.A. in Psychology  
*Summa cum laude*  
*Phi Beta Kappa*

### Professional Appointments

---

- 07/21- present    **Associate Professor**  
*Bowdoin College*  
Department of Psychology
- 06/15-present    **Co-founder, Program Developer, and Instructor**  
*Mindfulness Program*  
Mid Coast Hospital Center for Community Health and Wellness
- 07/14- 06/21    **Assistant Professor**  
*Bowdoin College*  
Department of Psychology
- 01/14-06/14    **Visiting Lecturer**  
*Wellesley College*  
Department of Psychology
- 07/12-06/14    **Instructor**  
*Harvard Medical School*  
Department of Psychiatry
- 07/12-06/14    **Psychologist**  
*Massachusetts General Hospital*  
Department of Psychiatry  
Obsessive Compulsive Disorder & Related Disorders Clinic and Research Unit
- 07/10-06/12    **Clinical and Research Fellow**  
*Massachusetts General Hospital and Harvard Medical School*  
Department of Psychiatry  
Obsessive Compulsive Disorder & Related Disorders Clinic and Research Unit

07/09-06/10 **Clinical Fellow**  
*Massachusetts General Hospital and Harvard Medical School*  
 Department of Psychiatry

### Professional Licensure

---

Licensed Clinical Psychologist

<u>State/Jurisdiction</u>	<u>License #</u>	<u>Valid until</u>
Massachusetts	9493	06/30/2026
Maine	PS1430	04/30/2026
Florida: Out-of-state telehealth provider	TPPY1871	No expiration
PSYPACT Authority to Practice Interjurisdictional Telepsychology (APIT)	14298	04/04/2026

### External Research Grants

---

8/23-4/28	Remote Delivery of a Mindfulness-based Intervention for Tics NIH/NCCIH: 5 R01 AT012455 Role: MPI with Joseph McGuire, Ph.D. (Johns Hopkins University) \$2,791,682
9/17-9/20	Online Mindfulness-based Tic Reduction: Development and Testing Tourette Association of America Role: PI \$131,798
3/11-3/12	Mindfulness-based Stress Reduction for Tourette Syndrome and Chronic Tic Disorder: A Pilot Study Tourette Syndrome Association Role: PI \$38,548

### Internal Research Grants and Fellowships

---

2022	Bowdoin Faculty Research Award
2022	Bowdoin Faculty Leave Award
2017	Gibbons Summer Research Fellowship
2016	Bowdoin Faculty Research Award
2009	Harvard University Restricted Funds Grant
2008	Sackler Scholarship in Psychobiology
2008	Harvard University Restricted Funds Grant
2007	Harvard University Restricted Funds Grant
2006	Sackler Scholarship in Psychobiology
2005	Harvard University Restricted Funds Grant

### Publications

---

*Note: Bowdoin College student authors are denoted with an asterisk.*

## **Journal Articles**

**Reese, H. E.**, Brown, W. A., Wallenberger, Y. H., Ramsey, K. A., Browning, L. E., Rooks, J., Gould, N. F., Leoutsakos, J., Mendelson, T., Chang, A. H., & McGuire, J. F. (2026). Remote Delivery of a Mindfulness-Based Intervention for Adults with Tics: Protocol of a Randomized Controlled Trial. *Contemporary Clinical Trials*, *162*, 108224.

Harmon, S. M. & **Reese, H. E.** (in press). The role of digital tools in meeting the needs of adults with Tourette Syndrome: A national web-based survey. *JMIR Formative Research*. doi: 10.2196/78328.

**Reese, H.E.**, Brown, W. A., & Rooks, J. (2025). Mindfulness-based Interventions for Tourette Syndrome: Current Status and Future Directions. *Psychiatric Clinics of North America*, *48*, 109-121.

**Reese, H.E.**, Brown, W. A., Summers, B., Hoepfner, S., Miller, S., & Wilhelm, S. (2024). An online mindfulness-based group intervention for tics: A pilot randomized controlled trial. *Movement Disorders*, *39* (9), 1610-1618.

Berman, N., Fang, A., Hoepfner, S. S., **Reese, H. E.**, Siev, J., Timpano, K. R., & Wheaton, M. G. (2022). COVID-19 and obsessive-compulsive symptoms in a large multi-site college sample. *Journal of Obsessive-Compulsive and Related Disorders*, 100727.

Çek, D., **Reese, H. E.**, Broos\*, H., & Timpano, K. R. (2022). Dispositional and experimentally induced mindfulness are distinctly associated with obsessive compulsive symptoms. *Mindfulness*, *13*(9), 2162-2174.

Hudiburn, S. E., **Reese, H. E.**, Carver, C. S., Çek, D., & Timpano, K. R. (2021). A multimethod examination of the link between obsessive compulsive symptomatology and emotion-related impulsivity. *British Journal of Clinical Psychology*, *60* (3), 293-311.

**Reese, H. E.**, Brown, W. A., Summers, B., Shin, J., Wheeler\*, G., & Wilhelm, S. (2021). Feasibility and acceptability of an online mindfulness-based group intervention for adults with tics. *Pilot and Feasibility Studies*, *7* (82), 1-13.  
<https://doi.org/10.1186/s40814-021-00818-y>.

Hoge†, E., **Reese†, H. E.**, Oliva, I. A., Gabriel, C. D., Guidos, B. M., Bui, E., Simon, N. M., & Dutton, M. A. (2020). Investigating the role of interpretation bias in mindfulness-based treatment of adults with Generalized Anxiety Disorder. *Frontiers in Psychology*, *11* (82), 1-7. doi: 10.3389/fpsyg.2020.00082

† denotes equally contributing authors

Jacoby, R. J., Berman, N. C., **Reese, H. E.**, Shin, J., Sprich, S., Szymanski, J., Pollard, C A., & Wilhelm, S. (2019). Disseminating cognitive-behavioral therapy for Obsessive Compulsive Disorder: Comparing in person vs. online training modalities. *Journal of Obsessive Compulsive and Related Disorders*, *23*, 1-9. doi: 10.1016/j.jocrd.2019.100485

Weingarden, H., Mothi, S. S., Ladis, I., Hoepfner, S., **Reese, H. E.**, Timpano, K., Siev, J., Rasmussen, J., Ragan, J., Dougherty, D. D., & Wilhelm, S. (2019). D-cycloserine-augmented behavior therapy for Body Dysmorphic Disorder: A preliminary efficacy trial. *Cognitive Therapy and Research*, *43*, 937-947.

- Abramovitch, A., Hallion, L., **Reese, H. E.**, Woods, D. W., Peterson, A., Piacentini, J., Scahill, L., Deckersbach, T., & Wilhelm, S. (2017). Neurocognitive predictors of treatment response to randomized treatment in adults with tic disorders. *Progress in Neuro-Psyopharmacology & Biological Psychiatry*, 74, 9-14.
- Reese, H. E.**, Pollard, A., Szymanski, J., Berman, N., Crowe, K., Rosenfield, E., & Wilhelm, S. (2016). The Behavior Therapy Training Institute for OCD: A Preliminary Report. *Journal of Obsessive-Compulsive and Related Disorders*, 8, 79-85.
- Abramovitch, A., **Reese, H. E.**, Woods, D. W., Peterson, A., Deckersbach, T., Piacentini, J., Scahill, L., & Wilhelm, S. (2015). Psychometric properties of a self-report instrument for the assessment of tic severity in adults with tic disorders. *Behavior Therapy*, 46, 786-796.
- Reese, H. E.**, Vallejo, Z., Rasmussen, J. L., Crowe, K., Rosenfield, E. & Wilhelm, S. (2015). Mindfulness-based stress reduction for Tourette Syndrome and Chronic Tic Disorder: A pilot study. *Journal of Psychosomatic Research*, 78, 293-298.
- Keuthen, N.J., Tung, E.S., **Reese, H.E.**, Raikes, J., Lee, L., & Mansueto, C.S. (2015). Getting the word out: Cognitive-behavioral therapy for Trichotillomania (Hair Pulling Disorder) and Excoriation (Skin-Picking) Disorder. *Annals of Clinical Psychiatry*, 27, 10-15.
- Deckersbach, T., Chou, T., Britton, J.C., Carlson, L.E., **Reese, H.E.**, Siev, J., Scahill, L., Piacentini, J.C., Woods, D.W., Walkup, J.T., Peterson, A.L., Dougherty, D.D., Wilhelm, S. (2014). Neural correlates of behavior therapy for Tourette's Disorder. *Psychiatry Research: Neuroimaging*, 224, 269-274.
- Reese, H. E.**, Scahill, L., Peterson, A. L., Crowe, K., Woods, D. W., Piacentini, J., Walkup, J. T., & Wilhelm, S. (2014). The premonitory urge to tic: Measurement, characteristics, and correlates in older adolescents and adults. *Behavior Therapy*, 45, 177-186.
- Reese, H. E.**, Rosenfield, E., Wilhelm, S. (2013). Reflections on the theory-practice gap in cognitive behavior therapy. *Behavior Therapy*, 44, 609-613.
- Heeren, A., **Reese, H. E.**, McNally, R. J., & Philippot, P. (2012). Attention training toward and away from threat in social phobia: Effects on subjective, behavioral, and physiological measures of anxiety. *Behaviour Research and Therapy*, 50, 30-39.
- Reese, H. E.**, McNally, R. J., & Wilhelm, S. W. (2011). Reality monitoring in patients with body dysmorphic disorder. *Behavior Therapy*, 42, 387-398.
- Reese, H. E.**, McNally, R. J., & Wilhelm, S. W. (2010). Probabilistic reasoning in patients with body dysmorphic disorder. *Journal of Behavior Therapy and Experimental Psychiatry*, 42, 270-276.
- Reese, H. E.**, McNally, R. J., Najmi, S., & Amir, N. (2010). Attention training for reducing spider fear in spider-fearful individuals. *Journal of Anxiety Disorders*, 24, 657-662.
- Reese, H. E.**, McNally, R. J., & Wilhelm, S. W. (2010). Facial asymmetry detection in patients with body dysmorphic disorder. *Behaviour Research and Therapy*, 48, 936-940.
- Chasson, G. S., Buhlmann, U., Tolin, D. F., Rao, S. R., **Reese, H. E.**, Rowley, T., Welsh, K. S., & Wilhelm, S. (2010). Need for speed: Evaluating slopes of OCD recovery in behavior therapy enhanced with d-cycloserine. *Behaviour Research and Therapy*, 48, 675-679.

- Najmi, S., **Reese, H. E.**, Wilhelm, S., Fama, J., Beck, C., & Wegner, D. M. (2010). Learning the futility of the thought suppression enterprise in normal experience and in obsessive compulsive disorder. *Behavioural and Cognitive Psychotherapy*, 38, 1-14.
- Reese, H. E.**, Timpano, K., Siev, J., Rowley, T., & Wilhelm, S. (2010). Behavior therapy for Tourette syndrome and chronic tic disorder: A web-based video illustration of treatment components. *Cognitive and Behavioral Practice*, 17, 16-24.
- Buhlmann, U., **Reese, H. E.**, Renaud, S., & Wilhelm, S. (2008). Clinical considerations for the treatment of body dysmorphic disorder with cognitive-behavior therapy. *Body Image*, 5, 39-49.
- Wilhelm, S., Buhlmann, U., Tolin, D. F., Meunier, S. A., Pearlson, G. D., **Reese, H. E.**, Cannistraro, P., Pitman, R. K., Jenike, M. A. & Rauch, S. L. (2008). Augmentation of behavior therapy with d-cycloserine for obsessive-compulsive disorder. *American Journal of Psychiatry*, 165, 335-341.
- Kinrys, G., Worthington, J. J., Wygant, L. Nery, F., Simon, N. M., **Reese, H. E.**, Pollack, M. H. (2007). Levetiracetam as adjunctive therapy for refractory anxiety disorders. *Journal of Clinical Psychiatry*, 68, 110-113.
- Otto, M.W., Leyro, T.M., Christian, K., Deveney, C.M., **Reese, H. E.**, Pollack, M.H., & Orr, S.P. (2007). Prediction of "fear" acquisition in healthy control participants in a de novo fear conditioning paradigm. *Behavior Modification*, 31, 32-51.
- Buhlmann, U., **Reese, H. E.**, Golan, E., & Wilhelm, S. (2006). Body dysmorphic disorder: Delusions of physical appearance. *Current Psychosis & Therapeutic Reports*, 4, 117-120.
- Simon, N. M., Weiss, A. M., Kradin, R., Evans, K. C., **Reese, H. E.**, Otto, M. W., Oppenheimer J. E., Smoller, J. D., Zalta, A., Worthington, J. J., & Pollack, M. H. (2006). The relationship of anxiety disorders, anxiety sensitivity and pulmonary dysfunction with dyspnea related distress and avoidance. *Journal of Nervous and Mental Disease*, 194, 951-957.
- Otto, M. W., Smits, J. A. J., & **Reese, H. E.** (2005). Combined psychotherapy and pharmacotherapy for mood and anxiety disorders in adults: Review and analysis. *Clinical Psychology: Science and Practice*, 12, 72-86.
- Otto, M. W., Perlman, C. A., Wernicke, R., **Reese, H. E.**, Bauer, M. S., & Pollack, M. H. (2004). Posttraumatic stress disorder in patients with bipolar disorder: A review of prevalence, correlates and treatment strategies. *Bipolar Disorders*, 6, 470-479.
- Otto, M. W., Smits, J. A. J., & **Reese, H.E.** (2004). Cognitive-behavioral therapy for the treatment of anxiety disorders. *Journal of Clinical Psychiatry*, 65 (suppl 5), 34-40.
- Simon, N. M., Otto, M. W., Smits, J. A. J., Nicolaou, D. C., **Reese, H. E.**, & Pollack, M. H. (2004). Changes in anxiety sensitivity with pharmacotherapy for panic disorder. *Journal of Psychiatric Research*, 38, 491-495.

## **Book Chapters**

- Reese, H. E.** & Usmani, A. (2023). Behavior therapy for Tourette Syndrome and Persistent Tic Disorder. In T. J. Petersen, S. Sprich, & S. Wilhelm (Eds.) *The Massachusetts*

*General Hospital Handbook of Cognitive Behavioral Therapy* (2<sup>nd</sup> ed., pp. 187-200). Switzerland: Springer Nature.

- Reese, H. E.** (2018). Mindfulness for tics. In J. McGuire, T. Murphy, J. Piacentini, & E. Storch (Eds.), *The Clinician's Guide to Treatment and Management of Youth with Tourette Syndrome and Tic Disorders* (pp. 279-297). San Diego, CA: Elsevier.
- Reese, H. E.** & Usmani, A. (2016). Behavior therapy for Tourette Syndrome and Chronic Tic Disorder. In T. J. Petersen, S. Sprich, & S. Wilhelm (Eds.) *The Massachusetts General Hospital Handbook of Cognitive Behavioral Therapy* (pp. 131-140). New York: Springer.
- Sprich, S. E., Olatunji, B. O., **Reese, H. E.**, Otto, M. W., Rosenfield, E., & Wilhelm, S. (2016). Cognitive-behavioral therapy, behavioral therapy, and cognitive therapy. In T. A. Stern, J. F. Rosenbaum, M. Fava, S. Rauch, & J. Biederman (Eds.), *Comprehensive Clinical Psychiatry* (2<sup>nd</sup> ed., pp. 152-164). Philadelphia, PA: Mosby/Elsevier.
- Siev, J., **Reese, H. E.**, Timpano, K. R., & Wilhelm, S. (2012). Assessment and treatment of pathological skin picking. In J. E. Grant & M. N. Potenza (Eds.), *Oxford Handbook of Impulse Control Disorders* (pp. 360-374). New York: Oxford University Press.
- Keuthen, N. J., Siev, J., & **Reese, H. E.** (2012). The assessment of trichotillomania, pathological skin picking, and stereotypic movement disorder. In J. E. Grant, D. J. Stein, D. Woods, & N. J. Keuthen (Eds.), *Trichotillomania, Skin Picking, and Other Body-focused Repetitive Behaviors* (pp. 129-150). Washington DC: American Psychiatric Publishing Inc.
- Reese, H. E.**, Najmi, S., & McNally, R. J. (2010). Vulnerability to anxiety disorders in adulthood. In R. E. Ingram & J. M. Price (Eds.), *Vulnerability to Psychopathology: Risk Across the Lifespan* (pp. 334-356). New York: Guilford Press.
- McNally, R. J., Malcarne, V. L., Najmi, S., Hansdottir, I., **Reese, H. E.**, & Merz, E. L. (2010). Vulnerability to anxiety disorders across the lifespan. In R. E. Ingram & J. M. Price (Eds.), *Vulnerability to Psychopathology: Risk Across the Lifespan* (pp. 357-362). New York: Guilford Press.
- Smits, J. A. J., **Reese, H. E.**, Powers, M. B. & Otto, M. W. (2010). Combined treatment strategies: Current status and future directions. In M.W. Otto & S.G. Hofmann (Eds.), *Avoiding Treatment Failures in the Anxiety Disorders*. (pp. 67- 81). New York: Springer.
- Greenberg, J. L., Delinsky, S. S., **Reese, H. E.**, Buhlmann, U. & Wilhelm, S. (2009). Body Image. In J. E. Grant & M. N. Potenza (Eds.), *Young adult mental health* (pp. 126-142). New York: Oxford University Press.
- McNally, R. J., & **Reese, H. E.** (2009). Information-processing approaches to understanding anxiety disorders. In M. M. Antony & M. B. Stein (Eds.), *Oxford Handbook of Anxiety and Related Disorders* (pp. 136-152). New York: Oxford University Press.
- Olatunji, B., **Reese, H. E.**, Otto, M. W., & Wilhelm, S. (2008). Cognitive-behavioral therapy, behavioral therapy, and cognitive therapy. In T. A. Stern, J. F. Rosenbaum, M. Fava, S. Rauch, & J. Biederman (Eds.), *Comprehensive Clinical Psychiatry* (pp. 189-202). Philadelphia, PA: Mosby/Elsevier.

## Presentations & Lectures

---

*Note: Bowdoin College student authors are denoted with an asterisk.*

**Reese, H. E.**, (2024, December). Panelist for discussion on "How to Maintain Clinical Research Collaborations Outside of an Academic Medical Center" within the Massachusetts General Hospital Cognitive Behavioral Therapy Seminar.

**Reese, H. E.** (2023, March). Comprehensive Behavioral Intervention for Tics: A First-Line Intervention. Invited talk at the 33<sup>rd</sup> annual meeting of the American Neuropsychiatric Associations, Boston, MA.

**Reese, H. E.** (2022, March). *Mindfulness-based Interventions: Theory and Practice*. Guest lecture in the Advanced Graduate Seminar in Evidence-based Psychological Treatments in the Department of Psychology, University of Miami.

Brown, W. A., & **Reese, H. E.** (Co-presenters) (2021, May). *Mindfulness and Meditation for Tics*. Presentation at the Tourette Association of America's 2<sup>nd</sup> Virtual Conference.

Brown, W. A., & **Reese, H. E.** (Co-presenters) (2020, May). *Mindfulness for Tics*. Presentation at the Tourette Association of America's Inaugural Virtual Conference.

**Reese, H. E.**, (2020, March). *Mindfulness-based Practices: An Experiential Workshop*. Invited continuing education workshop hosted by Psychology Specialists of Maine, Freeport, ME.

**Reese, H. E.**, (2020, March). *Expanding Treatment Options and Access for Individuals with Tourette Syndrome: A Mindfulness-based Approach*. Bowdoin College Faculty Seminar Series, Brunswick, ME.

Jacoby, R. J., Berman, N. C., **Reese, H. E.**, Shin, J., Sprich, S., Szymanski, J., Pollard, C. A., Wilhelm, S. (2019, July). Disseminating cognitive-behavioral therapy for OCD: Comparing in person vs. online training modalities. In N. C. Berman (Chair) *Optimizing the Administration and Dissemination of Cognitive Behavior Therapy for Obsessive-Compulsive Disorder*. Paper presented at the 9<sup>th</sup> World Congress of Behavioral and Cognitive Therapies. Berlin, Germany.

**Reese, H. E.** (2018, November). Discussant. In F. Dietel (Chair), *Predictors of Treatment Response and Novel Strategies for the Augmentation of Cognitive-behavioral Therapy for Body Dysmorphic Disorder*. Symposium conducted at the 52<sup>nd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.

Broos\*, H. & **Reese, H. E.** (2018, November). *Imagery-Enhanced Computerized Interpretation Training for Public-Speaking Anxiety*. Poster presented at the 52<sup>nd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.

Jacoby, R. J., Berman, N. C., **Reese, H. E.**, Shin, J., Pollard, C. A., Szymanski, J., Sprich, S., & Wilhelm, S. (2018, November). Training the next generation of exposure therapists: Comparing training modalities of disseminating CBT for OCD. In R. J. Jacoby (Chair) *Disseminating CBT for OCD: Moving Exposure from the Clinic to the Community and*

- the Computer*. Symposium conducted at the 52<sup>nd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Weingarden, H., Mothi, S. S., Ladis, I., **Reese, H. E.**, Timpano, K., Siev, J., Rasmussen, J., Ragan, J. & Wilhelm, S. (2018, November). D-Cycloserine augmented behavior therapy for Body Dysmorphic Disorder. In F. Dietel (Chair), *Predictors of Treatment Response and Novel Strategies for the Augmentation of Cognitive-behavioral Therapy for Body Dysmorphic Disorder*. Symposium conducted at the 52<sup>nd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Shin, J., Jacoby, R. J., Berman, N. C., **Reese, H. E.**, Pollard, C. A., Szymanski, J., & Wilhelm, S. (2018, November). *You Want Me to Have My Patient Do What?!: Examining Therapists' Changing Views on Exposure Therapy Following the Behavior Therapy Training Institute (BTIT)*. Poster presented at the 52<sup>nd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- Thomas\*, G., Fisher, L., & **Reese, H. E.** (2018, October). *Mind Over Matter: Is Mindfulness Beneficial for Athletes Recovering from Injury?* Poster presented at the Annual Conference of the Association for Applied Sports Psychology, Toronto, Canada.
- Potteiger, A., **Reese, H. E.**, Case\*, K. B., Hearon, B. A., & Otto, M. W. (2017, November). Pedaling toward a better mood: Effects of low-intensity exercise on induced negative affect. In X. Kredlow (Chair), *Novel Applications and Mechanistic Investigations of Exercise for Mood and Anxiety*. Symposium conducted at the 51<sup>st</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, San Diego, CA.
- Abrams, D., Fang, A., Davidson, E., Porth, R., Weingarden, H., Sprich, S., **Reese, H. E.**, Safren, S., & Wilhelm, S. (2017, November). *Sudden Gains in a Naturalistic Study of Cognitive Behavioral Therapy for OCD, GAD, PTSD and Panic*. Poster presented at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
- Abrams, D., Fang, A., Weingarden, H., Sprich, S., **Reese, H. E.**, Safren, S., Wilhelm, S. (2017, May). *Sudden Gains in the Treatment of OCD: Observations from a Naturalistic Study of Cognitive Behavioral Therapy Provided by Trainees*. Poster presented at the annual meeting of the Association for Psychological Science, Boston, MA.
- Fang, A., Weingarden, H., Sprich, S., **Reese, H. E.**, Safren, S. A., Abrams, D., & Wilhelm, S. (2017, April). Outcomes of cognitive-behavioral therapy provided by trainees in a general hospital setting. In A. Asnaani (Chair), *From RCTs to the Clinic: Predictors, Moderators, and Other Factors Influencing Naturalistic CBT Outcomes for Populations with Anxiety Disorders*. Symposium conducted at the annual meeting of the Anxiety and Depression Association of America, San Francisco, CA.
- Abrams, D., Fang, A., Weingarden, H., Sprich, S., **Reese, H. E.**, Safren, S., Wilhelm, S. (2017, April). *Sudden Gains in the Treatment of OCD: Observations from a Naturalistic Study of Cognitive Behavioral Therapy Provided by Trainees*. Poster presented at the 2017 Harvard Psychiatry Research Day, Boston, MA.
- Çek, D., **Reese, H. E.**, & Timpano, K. R. (2016, October). Does a computerized mindful attention training decrease distress and compulsive urges in a sample at risk for OCD? In J. Siev (Chair), *Cognitive Bias Modification Paradigms for Obsessive Compulsive Disorder*. Symposium conducted at the 50<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, New York, NY.



- Reese, H. E.**, (2016, March). *Cognitive Processes Across the Anxiety and Obsessive-Compulsive Spectrum Disorders*. Guest lecture at the Department of Psychology, Colby College.
- Reese, H. E.**, (2015, December). *Comprehensive Behavioral Intervention for Tics*. Guest lecture at the Massachusetts General Hospital Cognitive Behavioral Therapy Seminar.
- Sullivan, A. D., **Reese, H. E.**, Rasmussen, J. L., Scahill, L., Peterson, A., Woods, D. W., Piacentini, J., Walkup, J. T., Wilhelm, S. (2015, November). *Social Support, Tic Severity, Tic-related Impairment, and Treatment Response in Tourette Syndrome and Chronic Tic Disorder*. Poster presented at the 49<sup>th</sup> Annual Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
- Gomez, A. F., Cooperman, A. W., Sullivan, A. D., Fang, A., Wilhelm, S., **Reese, H. E.**, & Sprich, S. (2015, November). *Treatment Attrition Among CBT patients of Unlicensed Psychology Trainees in a General Hospital Setting*. Poster presented at the 49<sup>th</sup> Annual Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
- Alexander, J., **Reese, H. E.**, Piacentini, J. Woods, D., Scahill, L., Wilhelm, S., Peterson, A. & Walkup, J. (2015, June). *Examining Partial Interval Recording as a Treatment Outcome Measure*. Poster presented at the World Congress on Tourette Syndrome and Tic Disorders, London, England.
- Reese, H. E.** (2015, May). *Comprehensive Behavioral Intervention for Tics*. Invited continuing education workshop at the Massachusetts Psychological Association, Wellesley, MA.
- Reese, H. E.**, (2015, February). *Comprehensive Behavioral Intervention for Tics*. Guest lecture at the Massachusetts General Hospital Cognitive Behavioral Therapy Seminar.
- Reese, H. E.**, Vallejo, Z., Rasmussen, J. L., Crowe, K., & Wilhelm, S. (2012, November). Mindfulness-based stress reduction for Tourette Syndrome and Chronic Tic Disorder: A pilot study. In A. De Nadai (Chair), *Cutting Edge Assessment and Treatment of Tic Disorder*. Symposium conducted at the annual conference of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Brewer, J., Schuman-Olivier, Z., Brown, K. W., **Reese, H. E.**, Siblinga, E. M., & Mistler, L. A. (2012, November). Invited panelist. In A. Bowen & E. Harrop (Moderators), *Meditation and mindfulness-based interventions in diverse populations and settings: Questioning assumptions and adapting practices*. Panel discussion conducted at the annual conference of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Enock, P. M., Robinaugh, D. J., **Reese, H. E.**, & McNally, R. J. (2012, November). *Psychometrics of the DotProbe Paradigm: Is it a Reliable Measure of Attentional Bias?* Poster session presented at the annual conference of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Buhlmann, U. & **Reese, H. E.** (2010, June). Co-chairs. *Perceived Ugliness: Advances in the Study of Body Dysmorphic Disorder*. Symposium presented at the 6<sup>th</sup> World Congress of Behavioral and Cognitive Therapies, Boston, MA.

- Reese, H. E.,** McNally, R. J., Wong, J., & Wilhelm, S. (2009, November). Asymmetry detection in body dysmorphic disorder. In L. Marques (Chair), *Body Dysmorphic Disorder: Information processing, cultural influences, and treatment*. Symposium conducted at the 43<sup>rd</sup> annual conference of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Reese, H. E.,** McNally, R. J., Wong, J., & Wilhelm, S. (2009, August). Asymmetry detection in body dysmorphic disorder. In **H. E. Reese** (Chair), *Understanding Body Dysmorphic Disorder: New findings in neuroimaging and information processing*. Symposium conducted at the 16<sup>th</sup> annual conference of the Obsessive Compulsive Foundation, Minneapolis, MN.
- Wilhelm, S., Greenberg, J. L., & **Reese H. E.** (2009, August). *Cognitive behavioral therapy for body dysmorphic disorder*. Workshop presented at the 16<sup>th</sup> annual meeting of the Obsessive Compulsive Foundation, Minneapolis, MN.
- Reese, H. E.,** McNally, R. J., Wong, J., & Wilhelm, S. (2009, July). Information processing biases in body dysmorphic disorder: Aestheticity and asymmetry detection. In S. Wilhelm (Chair), *Cruel Reflections: New advances in Research on Body Dysmorphic Disorder*. Symposium conducted at the 37<sup>th</sup> annual conference of the British Association of Behavioural and Cognitive Psychotherapies, Exeter, England.
- Reese, H. E.,** Najmi, S., & Amir, N. (2009, July). Attentional training for obsessive compulsive symptoms. In A. Radomsky (Chair), *The Methodology is the Message: New Advances in Understanding and Treating OCD*. Symposium conducted at the 37<sup>th</sup> annual conference of the British Association of Behavioural and Cognitive Psychotherapies, Exeter, England.
- Reese, H. E.,** & McNally, R. J. (2007, July). Attentional training in spider-fearful individuals. In C. Beard & N. Amir (Chairs), *Translation of Empirical Findings to New Treatments: Training of Information Processing Biases in Anxiety*. Symposium conducted at the 5<sup>th</sup> World Congress of Behavioral and Cognitive Therapies, Barcelona, Spain.
- Wilhelm, S., Buhlmann, U., Tolin, D. F., Meunier, S. A., Pearlson, G. D., **Reese, H. E.,** Cannistraro, P., Pitman, R., Rauch, S., & Jenike, M. (2007, July). D-cycloserine augmentation of behavior therapy for Obsessive Compulsive Disorder. In A. Guastella (Chair), *Facilitating Therapeutic Contexts: The Application of d-Cycloserine for the Treatment of Anxiety Disorders*. Symposium conducted at the 5<sup>th</sup> World Congress of Behavioral and Cognitive Therapies, Barcelona, Spain.
- Reese, H. E.,** & McNally, R. J. (2006, November). Attentional training in spider-fearful individuals. In C. Beard & N. Amir (Chairs), *Translation of Empirical Findings to New Treatments: Training of Information Processing Biases in Anxiety*. Symposium conducted at the 40<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Najmi, S., **Reese, H. E.,** Wilhelm, S., Fama, J., Beck, C., & Wegner, D. M. (2006, November). Learning the futility of the thought suppression enterprise. In D. C. Johnson (Chair), *Thought Suppression, Cognitive Avoidance, and Issues for Treatment of Anxiety Spectrum Disorders*. Symposium conducted at the 40<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

- Wilhelm, S., Buhlmann, U., Tolin, D. F., Meunier, S. A., Pearlson, G. D., **Reese, H. E.**, Cannistraro, P., Pitman, R., Rauch, S., & Jenike, M. (2006, November). A randomized, double-blind, placebo-controlled medication trial with d-cycloserine for individuals with OCD currently receiving behavior therapy: A work in progress. In M. W. Otto (Chair), *Novel Strategies for Combination Treatment: Can d-Cycloserine Enhance the Effects of CBT for Anxiety Disorders?* Symposium conducted at the 40<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Otto, M. W., Smits, J. A. J., & **Reese, H. E.** (2005, November). Combined CBT and pharmacotherapy for anxiety disorders in adults: Review and analysis. In M. A. Friedman (Chair), *Combined Psychotherapy and Pharmacotherapy for the Treatment of Mood and Anxiety Disorders*. Symposium conducted at the 39<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- Otto, M. W., **Reese, H. E.**, Deveney, C. M., Pollack, M. P., Pitman, R. K., & Orr, S. P. (2004, November). *Personality Traits and Extinction: Conditioning and Context Effects in a De Novo Fear-conditioning Paradigm*. Poster session presented at the annual meeting of the 38<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Simon, N. M., Worthington, J. J. W., Kinrys, G., **Reese, H. E.**, Melo, M., Hoge, E., & Pollack, M. H. (2004, June). *Atomoxetine Augmentation for Refractory Anxiety Disorders*. Poster session presented at the annual meeting of the New Clinical Drug Evaluation Unit (NCDEU), Phoenix, AZ.
- Worthington, J. J., Simon, N. M., Weiss, A., **Reese, H. E.**, Oppenheimer, J. E., Otto, M. W., Kradin, R., & Pollack, M. H. (2004, March). *The Relationship of Anxiety Disorders, Anxiety Sensitivity and Pulmonary Dysfunction on Dyspnea Related Distress and Avoidance*. Poster session presented at the annual meeting of the Anxiety Disorders Association of America, Miami, FL.
- Hoge, E., **Reese, H. E.**, Doyle, A. C., Simon, N. M., Worthington, J. J., & Pollack, M. H. (2004, March). *Risperidone for the Treatment of Refractory Panic, Social Anxiety and Generalized Anxiety Disorders*. Poster session presented at the annual meeting of the Anxiety Disorders Association of America, Miami, FL.
- Otto, M. W., Pollack, M. H., Henin, A., Winett, C. A., Hirshfeld-Becker, D. R., **Reese, H. E.**, Biederman, J., Sachs, G. S., & Rosenbaum, J. F. (2003, November). September 11 and vulnerable populations: Predictors of PTSD symptoms in response to indirect exposure to trauma. In R. D. Walser (Chair), *Terrorism and Mass disaster: Latest Developments in Research and Cognitive Behavior Therapy Intervention*. Symposium conducted at the 37<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Simon, N. M., Otto, M. W., Nicolaou, D. C., **Reese, H. E.**, & Pollack, M. H. (2003, November). *Changes in Anxiety Sensitivity with Pharmacotherapy for Panic Disorder*. Poster session presented at the 37<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Worthington, J. J., Fava, M., Hughes, M., Kinrys, G., Dording, C., **Reese, H. E.**, & Pollack, M. H. (2003, May). *Aripiprazole as an Augmentor of SSRIs in Mood and Anxiety Disorder Patients*. Poster session presented at the annual meeting of the American Psychiatric Association, San Francisco, CA.

## Teaching Experience

---

### Bowdoin College

Introductory Psychology (PSYC 1101)	Spring 2015, 2016, 2017, 2020
Psychopathology (PSYC 2025)	Fall 2015, 2016, 2019, 2020, 2021, 2023, 2025 Spring 2019, 2022
Research Design (PSYC 2510)	Spring 2025, 2026
Laboratory in Clinical Psychology (PSYC 2725)	Spring 2015, 2016, 2017, 2020, 2021, 2022, 2024, 2026
Psychotherapy and Behavior Change (PSYC 3025)	Fall 2015, 2016, 2019, 2020, 2021, 2023, 2024, 2025 Spring 2019, 2021, 2025

### Wellesley College

Introduction to Psychology (PSYC 101)	Spring 2014
---------------------------------------	-------------

## Independent Study Students

---

### Fall 2025

Sydney Morrison—'26 Psychology and Government and Legal Studies major

### Spring 2025

Nick Sibiryakov—'25 Digital and Computational Studies-Psychology coordinate major

Zoe Beuttner—'25 Psychology major

### Fall 2024

Nick Sibiryakov—'25 Digital and Computational Studies-Psychology coordinate major

Zoe Beuttner—'25 Psychology major

### Spring 2024

Stephen Simoes—'24 Psychology and Government and Legal Studies major

### Fall 2023

Yaerin Wallenberger—'25 Education-Psychology coordinate major

Stephen Simoes—'24 Psychology and Government and Legal Studies major

### Spring 2022

Erin Moody—'22 Psychology major

Lizzy Gracey—'22 Psychology and Visual Arts major

Sasha Michaud—'22 Education-Psychology coordinate major

### Fall 2021

Erin Moody—'22 Psychology major

Melissa Magrath—'22 Psychology major

### Spring 2020

Annie Rose—'20 Education-Psychology coordinate major

### Fall 2019

Annie Rose—'20 Education-Psychology coordinate major

Isabella Vakkur—'20 Education-Neuroscience coordinate major

Amanda Anderson—'21 Psychology major

### Spring 2019

Annie Rose—'20 Education-Psychology coordinate major

### Spring 2017

Hannah Broos—'17 Psychology major (Honors)

Katherine Case—'17 Neuroscience major

Patrick Fabrizio—'17 Psychology major

Carly Lappas—'17 Psychology major

Kate Powers—'17 Psychology major

Garrett Thomas—'17 Neuroscience major

### Fall 2016

Hannah Broos—'17 Psychology major (Honors)

Katherine Case—'17 Neuroscience major

Patrick Fabrizio—'17 Psychology major

Garrett Thomas—'17 Neuroscience major

### Spring 2016

Kathryn (Meg) Broderick— '16 Neuroscience major

Kathleen Dorado— '16 Neuroscience major

Erin McKissick— '16 Psychology major

Julia Mehlman— '16 Psychology major

Garrett Thomas— '17 Neuroscience major

### Fall 2016

Kathleen Dorado—'16 Neuroscience major

Julia Mehlman— '16 Psychology major

Katie Case— '17 Neuroscience major

### Spring 2015

Kathleen Dorado— '16 Neuroscience major

Monique Kelmenson—'15 Anthropology major

## **Service**

---

### Current

2024-                      Overview Committee  
United Way of Mid Coast Maine

2023-                      Chair, Institutional Review Board  
Bowdoin College

2021-                      Board of Directors  
United Way of Mid Coast Maine

2015- Massachusetts General Hospital Tourette Association of America Center of Excellence  
Massachusetts General Hospital

2015- Scientific Review Committee  
Association for Behavioral and Cognitive Therapy

#### Past

2024 Grant Review Committee  
International OCD Foundation

2023 Youth Mental Health Advisory Group  
Mid Coast-Parkview Health—LincolnHealth

2022-2024 Governance Committee  
United Way of Mid Coast Maine

2021-2022 Post-Tenure Leadership Development Program  
Bowdoin College

2019-2021 Institutional Review Board  
Bowdoin College

2019-2021 Advisory Committee  
Bowdoin College Children's Center

2016-2017 Academic Dean Search Committee  
Bowdoin College

2015-2016 Faculty Development Committee (Research)  
Bowdoin College

2012-2013 Scientific Review Committee  
2013 World Congress of Behavioral and Cognitive Therapies

2008-2010 Scientific Program Organizing Committee  
2010 World Congress of Behavioral and Cognitive Therapies

### **Memberships in Professional Associations**

---

#### Current

2015- Society for a Science of Clinical Psychology  
2014- Clinical Psychology at Liberal Arts Colleges Special Interest Group, Member  
2002- Association for Behavioral and Cognitive Therapies, Member

#### Past

2014-2015 Maine Psychological Association, Member  
2012-2015 American Psychological Association, Member  
2009-2010 British Association for Behavioural and Cognitive Psychotherapies,  
Student Member  
2006-2010 American Psychological Association, Student Member

## **Editorial Board Service**

---

2020- Cognitive and Behavioral Practice  
2015-2019 Frontiers in Psychology: Psychopathology

## **Ad Hoc Reviewer**

---

Archives of General Psychiatry  
Behavior Modification  
Behavior Therapy  
Behaviour Research and Therapy  
Body Image  
Cambridge University Press  
Clinical Psychological Science  
Clinical Psychology Review  
Cognition and Emotion  
Cognitive Behaviour Therapy  
Cognitive Therapy and Research  
Depression and Anxiety  
Frontiers in Psychology: Psychopathology  
General Hospital Psychiatry  
Journal of Consulting and Clinical Psychology  
Journal of Behavior Therapy and Experimental Psychiatry  
Journal of the International Neuropsychological Society  
Journal of Obsessive-Compulsive and Related Disorders  
Journal of Psychosomatic Research  
Journal of Social and Clinical Psychology  
Mindfulness  
Neuropsychology  
Psychiatry Research