

Hannah E. Reese

Bowdoin College
Department of Psychology
6900 College Station
Brunswick, ME 04011

Phone: (207) 798-4146
Fax: (207) 725-3892
hreese@bowdoin.edu

Education

2010 **Harvard University**
Ph.D. in Clinical Psychology

2006 **Harvard University**
M.A. in Clinical Psychology

2002 **Wellesley College**
B.A. in Psychology
Summa cum laude
Phi Beta Kappa

Professional Appointments

07/21- present **Associate Professor**
Bowdoin College
Department of Psychology

06/15-present **Co-founder, Program Developer, and Instructor**
Mindfulness Program
MaineHealth Lifestyle Medicine

07/14- 06/21 **Assistant Professor**
Bowdoin College
Department of Psychology

01/14-06/14 **Visiting Lecturer**
Wellesley College
Department of Psychology

07/12-06/14 **Instructor**
Harvard Medical School
Department of Psychiatry

07/12-06/14 **Psychologist**
Massachusetts General Hospital
Department of Psychiatry
Obsessive Compulsive Disorder & Related Disorders Clinic and Research Unit

07/10-06/12 **Clinical and Research Fellow**
Massachusetts General Hospital and Harvard Medical School
Department of Psychiatry
Obsessive Compulsive Disorder & Related Disorders Clinic and Research Unit

07/09-06/10 **Clinical Fellow**
Massachusetts General Hospital and Harvard Medical School
 Department of Psychiatry

Professional Licensure

Licensed Clinical Psychologist

<u>State/Jurisdiction</u>	<u>License #</u>	<u>Valid until</u>
Massachusetts	9493	06/30/2028
Maine	PS1430	04/30/2027
Florida: Out-of-state telehealth provider	TPPY1871	No expiration
PSYPACT Authority to Practice Interjurisdictional Telepsychology (APIT)	14298	04/05/2027

External Research Grants

8/23-4/28	Remote Delivery of a Mindfulness-based Intervention for Tics NIH/NCCIH: 5 R01 AT012455 Role: MPI with Joseph McGuire, Ph.D. (Johns Hopkins University) \$2,791,682
9/17-9/20	Online Mindfulness-based Tic Reduction: Development and Testing Tourette Association of America Role: PI \$131,798
3/11-3/12	Mindfulness-based Stress Reduction for Tourette Syndrome and Chronic Tic Disorder: A Pilot Study Tourette Syndrome Association Role: PI \$38,548

Internal Research Grants and Fellowships

2022	Bowdoin Faculty Research Award
2022	Bowdoin Faculty Leave Award
2017	Gibbons Summer Research Fellowship
2016	Bowdoin Faculty Research Award
2009	Harvard University Restricted Funds Grant
2008	Sackler Scholarship in Psychobiology
2008	Harvard University Restricted Funds Grant
2007	Harvard University Restricted Funds Grant
2006	Sackler Scholarship in Psychobiology
2005	Harvard University Restricted Funds Grant

Publications

Note: Bowdoin College student authors are denoted with an asterisk.

Journal Articles

- Kaur, K., Brown, W. A., Hoepfner, S., Wilhelm, S., & **Reese, H. E.**, (2026). Comorbid symptom outcomes from an online mindfulness-based intervention for tic disorders. *Movement Disorders Clinical Practice*.
- Deveney, C. M., **Reese, H. E.**, Norem, J. K., & Schimpf, M. (2026). Viewing negative emotion as toxic is associated with poorer psychological outcomes. *Emotion*.
- Reese, H. E.**, Brown, W. A., Wallenberger*, Y. H., Ramsey, K. A., Browning, L. E., Rooks, J., Gould, N. F., Leoutsakos, J., Mendelson, T., Chang, A. H., & McGuire, J. F. (2026). Remote Delivery of a Mindfulness-Based Intervention for Adults with Tics: Protocol of a Randomized Controlled Trial. *Contemporary Clinical Trials*, 162, 108224.
- Harmon, S. M. & **Reese, H. E.** (2026). The role of digital tools in meeting the needs of adults with Tourette Syndrome: A national web-based survey. *JMIR Formative Research*, 10, e78328.
- Reese, H.E.**, Brown, W. A., & Rooks, J. (2025). Mindfulness-based Interventions for Tourette Syndrome: Current Status and Future Directions. *Psychiatric Clinics of North America*, 48, 109-121.
- Reese, H.E.**, Brown, W. A., Summers, B., Hoepfner, S., Miller, S., & Wilhelm, S. (2024). An online mindfulness-based group intervention for tics: A pilot randomized controlled trial. *Movement Disorders*, 39 (9), 1610-1618.
- Berman, N., Fang, A., Hoepfner, S. S., **Reese, H. E.**, Siev, J., Timpano, K. R., & Wheaton, M. G. (2022). COVID-19 and obsessive-compulsive symptoms in a large multi-site college sample. *Journal of Obsessive-Compulsive and Related Disorders*, 100727.
- Çek, D., **Reese, H. E.**, Broos*, H., & Timpano, K. R. (2022). Dispositional and experimentally induced mindfulness are distinctly associated with obsessive compulsive symptoms. *Mindfulness*, 13(9), 2162-2174.
- Hudiburgh, S. E., **Reese, H. E.**, Carver, C. S., Çek, D., & Timpano, K. R. (2021). A multimethod examination of the link between obsessive compulsive symptomatology and emotion-related impulsivity. *British Journal of Clinical Psychology*, 60 (3), 293-311.
- Reese, H. E.**, Brown, W. A., Summers, B., Shin, J., Wheeler*, G., & Wilhelm, S. (2021). Feasibility and acceptability of an online mindfulness-based group intervention for adults with tics. *Pilot and Feasibility Studies*, 7(82), 1-13.
- Hoge†, E., **Reese†, H. E.**, Oliva, I. A., Gabriel, C. D., Guidos, B. M., Bui, E., Simon, N. M., & Dutton, M. A. (2020). Investigating the role of interpretation bias in mindfulness-based treatment of adults with Generalized Anxiety Disorder. *Frontiers in Psychology*, 11 (82), 1-7.
- † denotes equally contributing authors
- Jacoby, R. J., Berman, N. C., **Reese, H. E.**, Shin, J., Sprich, S., Szymanski, J., Pollard, C A., & Wilhelm, S. (2019). Disseminating cognitive-behavioral therapy for Obsessive Compulsive Disorder: Comparing in person vs. online training modalities. *Journal of Obsessive Compulsive and Related Disorders*, 23, 1-9.

- Weingarden, H., Mothi, S. S., Ladis, I., Hoepfner, S., **Reese, H. E.**, Timpano, K., Siev, J., Rasmussen, J., Ragan, J., Dougherty, D. D., & Wilhelm, S. (2019). D-cycloserine-augmented behavior therapy for Body Dysmorphic Disorder: A preliminary efficacy trial. *Cognitive Therapy and Research*, 43, 937-947.
- Abramovitch, A., Hallion, L., **Reese, H. E.**, Woods, D. W., Peterson, A., Piacentini, J., Scahill, L., Deckersbach, T., & Wilhelm, S. (2017). Neurocognitive predictors of treatment response to randomized treatment in adults with tic disorders. *Progress in Neuro-Psychopharmacology & Biological Psychiatry*, 74, 9-14.
- Reese, H. E.**, Pollard, A., Szymanski, J., Berman, N., Crowe, K., Rosenfield, E., & Wilhelm, S. (2016). The Behavior Therapy Training Institute for OCD: A Preliminary Report. *Journal of Obsessive-Compulsive and Related Disorders*, 8, 79-85.
- Abramovitch, A., **Reese, H. E.**, Woods, D. W., Peterson, A., Deckersbach, T., Piacentini, J., Scahill, L., & Wilhelm, S. (2015). Psychometric properties of a self-report instrument for the assessment of tic severity in adults with tic disorders. *Behavior Therapy*, 46, 786-796.
- Reese, H. E.**, Vallejo, Z., Rasmussen, J. L., Crowe, K., Rosenfield, E. & Wilhelm, S. (2015). Mindfulness-based stress reduction for Tourette Syndrome and Chronic Tic Disorder: A pilot study. *Journal of Psychosomatic Research*, 78, 293-298.
- Keuthen, N.J., Tung, E.S., **Reese, H.E.**, Raikes, J., Lee, L., & Mansueto, C.S. (2015). Getting the word out: Cognitive-behavioral therapy for Trichotillomania (Hair Pulling Disorder) and Excoriation (Skin-Picking) Disorder. *Annals of Clinical Psychiatry*, 27, 10-15.
- Deckersbach, T., Chou, T., Britton, J.C., Carlson, L.E., **Reese, H.E.**, Siev, J., Scahill, L., Piacentini, J.C., Woods, D.W., Walkup, J.T., Peterson, A.L., Dougherty, D.D., Wilhelm, S. (2014). Neural correlates of behavior therapy for Tourette's Disorder. *Psychiatry Research: Neuroimaging*, 224, 269-274.
- Reese, H. E.**, Scahill, L., Peterson, A. L., Crowe, K., Woods, D. W., Piacentini, J., Walkup, J. T., & Wilhelm, S. (2014). The premonitory urge to tic: Measurement, characteristics, and correlates in older adolescents and adults. *Behavior Therapy*, 45, 177-186.
- Reese, H. E.**, Rosenfield, E., Wilhelm, S. (2013). Reflections on the theory-practice gap in cognitive behavior therapy. *Behavior Therapy*, 44, 609-613.
- Heeren, A., **Reese, H. E.**, McNally, R. J., & Philippot, P. (2012). Attention training toward and away from threat in social phobia: Effects on subjective, behavioral, and physiological measures of anxiety. *Behaviour Research and Therapy*, 50, 30-39.
- Reese, H. E.**, McNally, R. J., & Wilhelm, S. W. (2011). Reality monitoring in patients with body dysmorphic disorder. *Behavior Therapy*, 42, 387-398.
- Reese, H. E.**, McNally, R. J., & Wilhelm, S. W. (2010). Probabilistic reasoning in patients with body dysmorphic disorder. *Journal of Behavior Therapy and Experimental Psychiatry*, 42, 270-276.
- Reese, H. E.**, McNally, R. J., Najmi, S., & Amir, N. (2010). Attention training for reducing spider fear in spider-fearful individuals. *Journal of Anxiety Disorders*, 24, 657-662.

- Reese, H. E.**, McNally, R. J., & Wilhelm, S. W. (2010). Facial asymmetry detection in patients with body dysmorphic disorder. *Behaviour Research and Therapy*, 48, 936-940.
- Chasson, G. S., Buhlmann, U., Tolin, D. F., Rao, S. R., **Reese, H. E.**, Rowley, T., Welsh, K. S., & Wilhelm, S. (2010). Need for speed: Evaluating slopes of OCD recovery in behavior therapy enhanced with d-cycloserine. *Behaviour Research and Therapy*, 48, 675-679.
- Najmi, S., **Reese, H. E.**, Wilhelm, S., Fama, J., Beck, C., & Wegner, D. M. (2010). Learning the futility of the thought suppression enterprise in normal experience and in obsessive compulsive disorder. *Behavioural and Cognitive Psychotherapy*, 38, 1-14.
- Reese, H. E.**, Timpano, K., Siev, J., Rowley, T., & Wilhelm, S. (2010). Behavior therapy for Tourette syndrome and chronic tic disorder: A web-based video illustration of treatment components. *Cognitive and Behavioral Practice*, 17, 16-24.
- Buhlmann, U., **Reese, H. E.**, Renaud, S., & Wilhelm, S. (2008). Clinical considerations for the treatment of body dysmorphic disorder with cognitive-behavior therapy. *Body Image*, 5, 39-49.
- Wilhelm, S., Buhlmann, U., Tolin, D. F., Meunier, S. A., Pearlson, G. D., **Reese, H. E.**, Cannistraro, P., Pitman, R. K., Jenike, M. A. & Rauch, S. L. (2008). Augmentation of behavior therapy with d-cycloserine for obsessive-compulsive disorder. *American Journal of Psychiatry*, 165, 335-341.
- Kinrys, G., Worthington, J. J., Wygant, L. Nery, F., Simon, N. M., **Reese, H. E.**, Pollack, M. H. (2007). Levetiracetam as adjunctive therapy for refractory anxiety disorders. *Journal of Clinical Psychiatry*, 68, 110-113.
- Otto, M.W., Leyro, T.M., Christian, K., Deveney, C.M., **Reese, H. E.**, Pollack, M.H., & Orr, S.P. (2007). Prediction of "fear" acquisition in healthy control participants in a de novo fear conditioning paradigm. *Behavior Modification*, 31, 32-51.
- Buhlmann, U., **Reese, H. E.**, Golan, E., & Wilhelm, S. (2006). Body dysmorphic disorder: Delusions of physical appearance. *Current Psychosis & Therapeutic Reports*, 4, 117-120.
- Simon, N. M., Weiss, A. M., Kradin, R., Evans, K. C., **Reese, H. E.**, Otto, M. W., Oppenheimer J. E., Smoller, J. D., Zalta, A., Worthington, J. J., & Pollack, M. H. (2006). The relationship of anxiety disorders, anxiety sensitivity and pulmonary dysfunction with dyspnea related distress and avoidance. *Journal of Nervous and Mental Disease*, 194, 951-957.
- Otto, M. W., Smits, J. A. J., & **Reese, H. E.** (2005). Combined psychotherapy and pharmacotherapy for mood and anxiety disorders in adults: Review and analysis. *Clinical Psychology: Science and Practice*, 12, 72-86.
- Otto, M. W., Perlman, C. A., Wernicke, R., **Reese, H. E.**, Bauer, M. S., & Pollack, M. H. (2004). Posttraumatic stress disorder in patients with bipolar disorder: A review of prevalence, correlates and treatment strategies. *Bipolar Disorders*, 6, 470-479.
- Otto, M. W., Smits, J. A. J., & **Reese, H.E.** (2004). Cognitive-behavioral therapy for the treatment of anxiety disorders. *Journal of Clinical Psychiatry*, 65 (suppl 5), 34-40.
- Simon, N. M., Otto, M. W., Smits, J. A. J., Nicolaou, D. C., **Reese, H. E.**, & Pollack, M. H. (2004). Changes in anxiety sensitivity with pharmacotherapy for panic disorder. *Journal of Psychiatric Research*, 38, 491-495.

Book Chapters

- Reese, H. E.** & Usmani, A. (2023). Behavior therapy for Tourette Syndrome and Persistent Tic Disorder. In T. J. Petersen, S. Sprich, & S. Wilhelm (Eds.) *The Massachusetts General Hospital Handbook of Cognitive Behavioral Therapy* (2nd ed., pp. 187-200). Switzerland: Springer Nature.
- Reese, H. E.** (2018). Mindfulness for tics. In J. McGuire, T. Murphy, J. Piacentini, & E. Storch (Eds.), *The Clinician's Guide to Treatment and Management of Youth with Tourette Syndrome and Tic Disorders* (pp. 279-297). San Diego, CA: Elsevier.
- Reese, H. E.** & Usmani, A. (2016). Behavior therapy for Tourette Syndrome and Chronic Tic Disorder. In T. J. Petersen, S. Sprich, & S. Wilhelm (Eds.) *The Massachusetts General Hospital Handbook of Cognitive Behavioral Therapy* (pp. 131-140). New York: Springer.
- Sprich, S. E., Olatunji, B. O., **Reese, H. E.**, Otto, M. W., Rosenfield, E., & Wilhelm, S. (2016). Cognitive-behavioral therapy, behavioral therapy, and cognitive therapy. In T. A. Stern, J. F. Rosenbaum, M. Fava, S. Rauch, & J. Biederman (Eds.), *Comprehensive Clinical Psychiatry* (2nd ed., pp. 152-164). Philadelphia, PA: Mosby/Elsevier.
- Siev, J., **Reese, H. E.**, Timpano, K. R., & Wilhelm, S. (2012). Assessment and treatment of pathological skin picking. In J. E. Grant & M. N. Potenza (Eds.), *Oxford Handbook of Impulse Control Disorders* (pp. 360-374). New York: Oxford University Press.
- Keuthen, N. J., Siev, J., & **Reese, H. E.** (2012). The assessment of trichotillomania, pathological skin picking, and stereotypic movement disorder. In J. E. Grant, D. J. Stein, D. Woods, & N. J. Keuthen (Eds.), *Trichotillomania, Skin Picking, and Other Body-focused Repetitive Behaviors* (pp. 129-150). Washington DC: American Psychiatric Publishing Inc.
- Reese, H. E.**, Najmi, S., & McNally, R. J. (2010). Vulnerability to anxiety disorders in adulthood. In R. E. Ingram & J. M. Price (Eds.), *Vulnerability to Psychopathology: Risk Across the Lifespan* (pp. 334-356). New York: Guilford Press.
- McNally, R. J., Malcarne, V. L., Najmi, S., Hansdottir, I., **Reese, H. E.**, & Merz, E. L. (2010). Vulnerability to anxiety disorders across the lifespan. In R. E. Ingram & J. M. Price (Eds.), *Vulnerability to Psychopathology: Risk Across the Lifespan* (pp. 357-362). New York: Guilford Press.
- Smits, J. A. J., **Reese, H. E.**, Powers, M. B. & Otto, M. W. (2010). Combined treatment strategies: Current status and future directions. In M.W. Otto & S.G. Hofmann (Eds.), *Avoiding Treatment Failures in the Anxiety Disorders*. (pp. 67- 81). New York: Springer.
- Greenberg, J. L., Delinsky, S. S., **Reese, H. E.**, Buhlmann, U. & Wilhelm, S. (2009). Body Image. In J. E. Grant & M. N. Potenza (Eds.), *Young adult mental health* (pp. 126-142). New York: Oxford University Press.
- McNally, R. J., & **Reese, H. E.** (2009). Information-processing approaches to understanding anxiety disorders. In M. M. Antony & M. B. Stein (Eds.), *Oxford Handbook of Anxiety and Related Disorders* (pp. 136-152). New York: Oxford University Press.

Olatunji, B., **Reese, H. E.**, Otto, M. W., & Wilhelm, S. (2008). Cognitive-behavioral therapy, behavioral therapy, and cognitive therapy. In T. A. Stern, J. F. Rosenbaum, M. Fava, S. Rauch, & J. Biederman (Eds.), *Comprehensive Clinical Psychiatry* (pp. 189-202). Philadelphia, PA: Mosby/Elsevier.

Presentations & Lectures

Note: Bowdoin College student authors are denoted with an asterisk.

Kaur, K., Brown, W. A., Hoepfner, S., Wilhelm, S., & **Reese, H. E.** (2026, July). An online mindfulness-based intervention for tic disorders: Effect on comorbid symptoms. In Dev, A. (Chair). *Digital pathways to progress: Technology-enabled research in OCDs*. Symposium presented at the annual conference of the International OCD Foundation, Seattle, WA.

Reese, H. E., (2024, December). Panelist for discussion on "Maintaining Clinical Research Collaborations Outside of an Academic Medical Center" within the Massachusetts General Hospital Cognitive Behavioral Therapy Seminar.

Reese, H. E. (2023, March). Comprehensive Behavioral Intervention for Tics: A First-Line Intervention. Invited talk at the 33rd annual meeting of the American Neuropsychiatric Associations, Boston, MA.

Reese, H. E. (2022, March). *Mindfulness-based Interventions: Theory and Practice*. Guest lecture in the Advanced Graduate Seminar in Evidence-based Psychological Treatments in the Department of Psychology, University of Miami.

Brown, W. A., & **Reese, H. E.** (Co-presenters) (2021, May). *Mindfulness and Meditation for Tics*. Presentation at the Tourette Association of America's 2nd Virtual Conference.

Brown, W. A., & **Reese, H. E.** (Co-presenters) (2020, May). *Mindfulness for Tics*. Presentation at the Tourette Association of America's Inaugural Virtual Conference.

Reese, H. E., (2020, March). *Mindfulness-based Practices: An Experiential Workshop*. Invited continuing education workshop hosted by Psychology Specialists of Maine, Freeport, ME.

Reese, H. E., (2020, March). *Expanding Treatment Options and Access for Individuals with Tourette Syndrome: A Mindfulness-based Approach*. Bowdoin College Faculty Seminar Series, Brunswick, ME.

Jacoby, R. J., Berman, N. C., **Reese, H. E.**, Shin, J., Sprich, S., Szymanski, J., Pollard, C. A., Wilhelm, S. (2019, July). Disseminating cognitive-behavioral therapy for OCD: Comparing in person vs. online training modalities. In N. C. Berman (Chair) *Optimizing the Administration and Dissemination of Cognitive Behavior Therapy for Obsessive-Compulsive Disorder*. Paper presented at the 9th World Congress of Behavioral and Cognitive Therapies. Berlin, Germany.

Reese, H. E. (2018, November). Discussant. In F. Dietel (Chair), *Predictors of Treatment Response and Novel Strategies for the Augmentation of Cognitive-behavioral Therapy for Body Dysmorphic Disorder*. Symposium conducted at the 52nd Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.

- Broos*, H. & **Reese, H. E.** (2018, November). *Imagery-Enhanced Computerized Interpretation Training for Public-Speaking Anxiety*. Poster presented at the 52nd Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Jacoby, R. J., Berman, N. C., **Reese, H. E.**, Shin, J., Pollard, C. A., Szymanski, J., Sprich, S., & Wilhelm, S. (2018, November). Training the next generation of exposure therapists: Comparing training modalities of disseminating CBT for OCD. In R. J. Jacoby (Chair) *Disseminating CBT for OCD: Moving Exposure from the Clinic to the Community and the Computer*. Symposium conducted at the 52nd Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Weingarden, H., Mothi, S. S., Ladis, I., **Reese, H. E.**, Timpano, K., Siev, J., Rasmussen, J., Ragan, J. & Wilhelm, S. (2018, November). D-Cycloserine augmented behavior therapy for Body Dysmorphic Disorder. In F. Dietel (Chair), *Predictors of Treatment Response and Novel Strategies for the Augmentation of Cognitive-behavioral Therapy for Body Dysmorphic Disorder*. Symposium conducted at the 52nd Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Shin, J., Jacoby, R. J., Berman, N. C., **Reese, H. E.**, Pollard, C. A., Szymanski, J., & Wilhelm, S. (2018, November). *You Want Me to Have My Patient Do What?!: Examining Therapists' Changing Views on Exposure Therapy Following the Behavior Therapy Training Institute (BTII)*. Poster presented at the 52nd Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- Thomas*, G., Fisher, L., & **Reese, H. E.** (2018, October). *Mind Over Matter: Is Mindfulness Beneficial for Athletes Recovering from Injury?* Poster presented at the Annual Conference of the Association for Applied Sports Psychology, Toronto, Canada.
- Potteiger, A., **Reese, H. E.**, Case*, K. B., Hearon, B. A., & Otto, M. W. (2017, November). Pedaling toward a better mood: Effects of low-intensity exercise on induced negative affect. In X. Kredlow (Chair), *Novel Applications and Mechanistic Investigations of Exercise for Mood and Anxiety*. Symposium conducted at the 51st Annual Convention of the Association of Behavioral and Cognitive Therapies, San Diego, CA.
- Abrams, D., Fang, A., Davidson, E., Porth, R., Weingarden, H., Sprich, S., **Reese, H. E.**, Safren, S., & Wilhelm, S. (2017, November). *Sudden Gains in a Naturalistic Study of Cognitive Behavioral Therapy for OCD, GAD, PTSD and Panic*. Poster presented at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
- Abrams, D., Fang, A., Weingarden, H., Sprich, S., **Reese, H. E.**, Safren, S., Wilhelm, S. (2017, May). *Sudden Gains in the Treatment of OCD: Observations from a Naturalistic Study of Cognitive Behavioral Therapy Provided by Trainees*. Poster presented at the annual meeting of the Association for Psychological Science, Boston, MA.
- Fang, A., Weingarden, H., Sprich, S., **Reese, H. E.**, Safren, S. A., Abrams, D., & Wilhelm, S. (2017, April). Outcomes of cognitive-behavioral therapy provided by trainees in a general hospital setting. In A. Asnaani (Chair), *From RCTs to the Clinic: Predictors, Moderators, and Other Factors Influencing Naturalistic CBT Outcomes for Populations with Anxiety Disorders*. Symposium conducted at the annual meeting of the Anxiety and Depression Association of America, San Francisco, CA.

- Abrams, D., Fang, A., Weingarden, H., Sprich, S., **Reese, H. E.**, Safren, S., Wilhelm, S. (2017, April). *SuddenGains in the Treatment of OCD: Observations from a Naturalistic Study of Cognitive Behavioral Therapy Provided by Trainees*. Poster presented at the 2017 Harvard Psychiatry Research Day, Boston, MA.
- Çek, D., **Reese, H. E.**, & Timpano, K. R. (2016, October). Does a computerized mindful attention training decrease distress and compulsive urges in a sample at risk for OCD? In J. Siev (Chair), *Cognitive Bias Modification Paradigms for Obsessive Compulsive Disorder*. Symposium conducted at the 50th Annual Convention of the Association of Behavioral and Cognitive Therapies, New York, NY.
- Reese, H. E.**, (2016, March). *Cognitive Processes Across the Anxiety and Obsessive-Compulsive Spectrum Disorders*. Guest lecture at the Department of Psychology, Colby College.
- Reese, H. E.**, (2015, December). *Comprehensive Behavioral Intervention for Tics*. Guest lecture at the Massachusetts General Hospital Cognitive Behavioral Therapy Seminar.
- Sullivan, A. D., **Reese, H. E.**, Rasmussen, J. L., Scahill, L., Peterson, A., Woods, D. W., Piacentini, J., Walkup, J. T., Wilhelm, S. (2015, November). *Social Support, Tic Severity, Tic-related Impairment, and Treatment Response in Tourette Syndrome and Chronic Tic Disorder*. Poster presented at the 49th Annual Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
- Gomez, A. F., Cooperman, A. W., Sullivan, A. D., Fang, A., Wilhelm, S., **Reese, H. E.**, & Sprich, S. (2015, November). *Treatment Attrition Among CBT patients of Unlicensed Psychology Trainees in a General Hospital Setting*. Poster presented at the 49th Annual Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
- Alexander, J., **Reese, H. E.**, Piacentini, J. Woods, D., Scahill, L., Wilhelm, S., Peterson, A. & Walkup, J. (2015, June). *Examining Partial Interval Recording as a Treatment Outcome Measure*. Poster presented at the World Congress on Tourette Syndrome and Tic Disorders, London, England.
- Reese, H. E.** (2015, May). *Comprehensive Behavioral Intervention for Tics*. Invited continuing education workshop at the Massachusetts Psychological Association, Wellesley, MA.
- Reese, H. E.**, (2015, February). *Comprehensive Behavioral Intervention for Tics*. Guest lecture at the Massachusetts General Hospital Cognitive Behavioral Therapy Seminar.
- Reese, H. E.**, Vallejo, Z., Rasmussen, J. L., Crowe, K., & Wilhelm, S. (2012, November). Mindfulness-based stress reduction for Tourette Syndrome and Chronic Tic Disorder: A pilot study. In A. De Nadai (Chair), *Cutting Edge Assessment and Treatment of Tic Disorder*. Symposium conducted at the annual conference of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Brewer, J., Schuman-Olivier, Z., Brown, K. W., **Reese, H. E.**, Siblinga, E. M., & Mistler, L. A. (2012, November). Invited panelist. In A. Bowen & E. Harrop (Moderators), *Meditation and mindfulness-based interventions in diverse populations and settings: Questioning assumptions and adapting practices*. Panel discussion conducted at the annual conference of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

- Enock, P. M., Robinaugh, D. J., **Reese, H. E.**, & McNally, R. J. (2012, November). *Psychometrics of the DotProbe Paradigm: Is it a Reliable Measure of Attentional Bias?* Poster session presented at the annual conference of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Buhlmann, U. & **Reese, H. E.** (2010, June). Co-chairs. *Perceived Ugliness: Advances in the Study of Body Dysmorphic Disorder*. Symposium presented at the 6th World Congress of Behavioral and Cognitive Therapies, Boston, MA.
- Reese, H. E.**, McNally, R. J., Wong, J., & Wilhelm, S. (2009, November). Asymmetry detection in body dysmorphic disorder. In L. Marques (Chair), *Body Dysmorphic Disorder: Information processing, cultural influences, and treatment*. Symposium conducted at the 43rd annual conference of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Reese, H. E.**, McNally, R. J., Wong, J., & Wilhelm, S. (2009, August). Asymmetry detection in body dysmorphic disorder. In **H. E. Reese** (Chair), *Understanding Body Dysmorphic Disorder: New findings in neuroimaging and information processing*. Symposium conducted at the 16th annual conference of the Obsessive Compulsive Foundation, Minneapolis, MN.
- Wilhelm, S., Greenberg, J. L., & **Reese H. E.** (2009, August). *Cognitive behavioral therapy for body dysmorphic disorder*. Workshop presented at the 16th annual meeting of the Obsessive Compulsive Foundation, Minneapolis, MN.
- Reese, H. E.**, McNally, R. J., Wong, J., & Wilhelm, S. (2009, July). Information processing biases in body dysmorphic disorder: Aestheticity and asymmetry detection. In S. Wilhelm (Chair), *Cruel Reflections: New advances in Research on Body Dysmorphic Disorder*. Symposium conducted at the 37th annual conference of the British Association of Behavioural and Cognitive Psychotherapies, Exeter, England.
- Reese, H. E.**, Najmi, S., & Amir, N. (2009, July). Attentional training for obsessive compulsive symptoms. In A. Radomsky (Chair), *The Methodology is the Message: New Advances in Understanding and Treating OCD*. Symposium conducted at the 37th annual conference of the British Association of Behavioural and Cognitive Psychotherapies, Exeter, England.
- Reese, H. E.**, & McNally, R. J. (2007, July). Attentional training in spider-fearful individuals. In C. Beard & N. Amir (Chairs), *Translation of Empirical Findings to New Treatments: Training of Information Processing Biases in Anxiety*. Symposium conducted at the 5th World Congress of Behavioral and Cognitive Therapies, Barcelona, Spain.
- Wilhelm, S., Buhlmann, U., Tolin, D. F., Meunier, S. A., Pearlson, G. D., **Reese, H. E.**, Cannistraro, P., Pitman, R., Rauch, S., & Jenike, M. (2007, July). D-cycloserine augmentation of behavior therapy for Obsessive Compulsive Disorder. In A. Guastella (Chair), *Facilitating Therapeutic Contexts: The Application of d-Cycloserine for the Treatment of Anxiety Disorders*. Symposium conducted at the 5th World Congress of Behavioral and Cognitive Therapies, Barcelona, Spain.
- Reese, H. E.**, & McNally, R. J. (2006, November). Attentional training in spider-fearful individuals. In C. Beard & N. Amir (Chairs), *Translation of Empirical Findings to New Treatments: Training of Information Processing Biases in Anxiety*. Symposium conducted at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

- Najmi, S., **Reese, H. E.**, Wilhelm, S., Fama, J., Beck, C., & Wegner, D. M. (2006, November). Learning the futility of the thought suppression enterprise. In D. C. Johnson (Chair), *Thought Suppression, Cognitive Avoidance, and Issues for Treatment of Anxiety Spectrum Disorders*. Symposium conducted at the 40th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Wilhelm, S., Buhlmann, U., Tolin, D. F., Meunier, S. A., Pearlson, G. D., **Reese, H. E.**, Cannistraro, P., Pitman, R., Rauch, S., & Jenike, M. (2006, November). A randomized, double-blind, placebo-controlled medication trial with d-cycloserine for individuals with OCD currently receiving behavior therapy: A work in progress. In M. W. Otto (Chair), *Novel Strategies for Combination Treatment: Can d-Cycloserine Enhance the Effects of CBT for Anxiety Disorders?* Symposium conducted at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Otto, M. W., Smits, J. A. J., & **Reese, H. E.** (2005, November). Combined CBT and pharmacotherapy for anxiety disorders in adults: Review and analysis. In M. A. Friedman (Chair), *Combined Psychotherapy and Pharmacotherapy for the Treatment of Mood and Anxiety Disorders*. Symposium conducted at the 39th annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- Otto, M. W., **Reese, H. E.**, Deveney, C. M., Pollack, M. P., Pitman, R. K., & Orr, S. P. (2004, November). *Personality Traits and Extinction: Conditioning and Context Effects in a De Novo Fear-conditioning Paradigm*. Poster session presented at the annual meeting of the 38th annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Simon, N. M., Worthington, J. J. W., Kinrys, G., **Reese, H. E.**, Melo, M., Hoge, E., & Pollack, M. H. (2004, June). *Atomoxetine Augmentation for Refractory Anxiety Disorders*. Poster session presented at the annual meeting of the New Clinical Drug Evaluation Unit (NCDEU), Phoenix, AZ.
- Worthington, J. J., Simon, N. M., Weiss, A., **Reese, H. E.**, Oppenheimer, J. E., Otto, M. W., Kradin, R., & Pollack, M. H. (2004, March). *The Relationship of Anxiety Disorders, Anxiety Sensitivity and Pulmonary Dysfunction on Dyspnea Related Distress and Avoidance*. Poster session presented at the annual meeting of the Anxiety Disorders Association of America, Miami, FL.
- Hoge, E., **Reese, H. E.**, Doyle, A. C., Simon, N. M., Worthington, J. J., & Pollack, M. H. (2004, March). *Risperidone for the Treatment of Refractory Panic, Social Anxiety and Generalized Anxiety Disorders*. Poster session presented at the annual meeting of the Anxiety Disorders Association of America, Miami, FL.
- Otto, M. W., Pollack, M. H., Henin, A., Winett, C. A., Hirshfeld-Becker, D. R., **Reese, H. E.**, Biederman, J., Sachs, G. S., & Rosenbaum, J. F. (2003, November). September 11 and vulnerable populations: Predictors of PTSD symptoms in response to indirect exposure to trauma. In R. D. Walser (Chair), *Terrorism and Mass disaster: Latest Developments in Research and Cognitive Behavior Therapy Intervention*. Symposium conducted at the 37th annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Simon, N. M., Otto, M. W., Nicolaou, D. C., **Reese, H. E.**, & Pollack, M. H. (2003, November). *Changes in Anxiety Sensitivity with Pharmacotherapy for Panic Disorder*. Poster session presented at the 37th annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

Worthington, J. J., Fava, M., Hughes, M., Kinrys, G., Dording, C., **Reese, H. E.**, & Pollack, M. H. (2003, May). *Aripiprazole as an Augmentor of SSRIs in Mood and Anxiety Disorder Patients*. Poster session presented at the annual meeting of the American Psychiatric Association, San Francisco, CA.

Teaching Experience

Bowdoin College

Introductory Psychology (PSYC 1101)	Spring 2015, 2016, 2017, 2020
Psychopathology (PSYC 2025)	Fall 2015, 2016, 2019, 2020, 2021, 2023, 2025 Spring 2019, 2022
Research Design (PSYC 2510)	Spring 2025, 2026
Laboratory in Clinical Psychology (PSYC 2725)	Spring 2015, 2016, 2017, 2020, 2021, 2022, 2024, 2026
Psychotherapy and Behavior Change (PSYC 3025)	Fall 2015, 2016, 2019, 2020, 2021, 2023, 2024, 2025 Spring 2019, 2021, 2025

Wellesley College

Introduction to Psychology (PSYC 101)	Spring 2014
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Independent Study Students

Spring 2026

Sydney Morrison—'26 Psychology and Government and Legal Studies major
Breanna Hurd—'26 Psychology and Africana Studies major

Fall 2025

Sydney Morrison—'26 Psychology and Government and Legal Studies major

Spring 2025

Nick Sibiryakov—'25 Digital and Computational Studies-Psychology coordinate major
Zoe Beuttner—'25 Psychology major

Fall 2024

Nick Sibiryakov—'25 Digital and Computational Studies-Psychology coordinate major
Zoe Beuttner—'25 Psychology major

Spring 2024

Stephen Simoes—'24 Psychology and Government and Legal Studies major

Fall 2023

Yaerin Wallenberger—'25 Education-Psychology coordinate major
Stephen Simoes—'24 Psychology and Government and Legal Studies major

Spring 2022

Erin Moody—'22 Psychology major
Lizzy Gracey—'22 Psychology and Visual Arts major
Sasha Michaud—'22 Education-Psychology coordinate major

Fall 2021

Erin Moody—'22 Psychology major
Melissa Magrath—'22 Psychology major

Spring 2020

Annie Rose—'20 Education-Psychology coordinate major

Fall 2019

Annie Rose—'20 Education-Psychology coordinate major
Isabella Vakkur—'20 Education-Neuroscience coordinate major
Amanda Anderson—'21 Psychology major

Spring 2019

Annie Rose—'20 Education-Psychology coordinate major

Spring 2017

Hannah Broos—'17 Psychology major (Honors)
Katherine Case—'17 Neuroscience major
Patrick Fabrizio—'17 Psychology major
Carly Lappas—'17 Psychology major
Kate Powers—'17 Psychology major
Garrett Thomas—'17 Neuroscience major

Fall 2016

Hannah Broos—'17 Psychology major (Honors)
Katherine Case—'17 Neuroscience major
Patrick Fabrizio—'17 Psychology major
Garrett Thomas—'17 Neuroscience major

Spring 2016

Kathryn (Meg) Broderick— '16 Neuroscience major
Kathleen Dorado— '16 Neuroscience major
Erin McKissick— '16 Psychology major
Julia Mehlman— '16 Psychology major
Garrett Thomas— '17 Neuroscience major

Fall 2016

Kathleen Dorado—'16 Neuroscience major
Julia Mehlman— '16 Psychology major
Katie Case— '17 Neuroscience major

Spring 2015

Kathleen Dorado— '16 Neuroscience major
Monique Kelmenson—'15 Anthropology major

Service

Current

2026-	Committee on Appointments, Promotion, and Tenure Bowdoin College
2024-	Overview Committee United Way of Mid Coast Maine
2021-	Board of Directors United Way of Mid Coast Maine
2015-	Massachusetts General Hospital Tourette Association of America Center of Excellence Massachusetts General Hospital
2015-	Scientific Review Committee Association for Behavioral and Cognitive Therapy

Past

2023-2026	Chair, Institutional Review Board Bowdoin College
2024	Grant Review Committee International OCD Foundation
2023	Youth Mental Health Advisory Group Mid Coast-Parkview Health—LincolnHealth
2022-2024	Governance Committee United Way of Mid Coast Maine
2021-2022	Post-Tenure Leadership Development Program Bowdoin College
2019-2021	Institutional Review Board Bowdoin College
2019-2021	Advisory Committee Bowdoin College Children's Center
2016-2017	Academic Dean Search Committee Bowdoin College
2015-2016	Faculty Development Committee (Research) Bowdoin College
2012-2013	Scientific Review Committee 2013 World Congress of Behavioral and Cognitive Therapies
2008-2010	Scientific Program Organizing Committee 2010 World Congress of Behavioral and Cognitive Therapies

Memberships in Professional Associations

Current

2015- Society for a Science of Clinical Psychology
 2014- Clinical Psychology at Liberal Arts Colleges Special Interest Group, Member
 2002- Association for Behavioral and Cognitive Therapies, Member

Past

2014-2015 Maine Psychological Association, Member
 2012-2015 American Psychological Association, Member
 2009-2010 British Association for Behavioural and Cognitive Psychotherapies,
 Student Member
 2006-2010 American Psychological Association, Student Member

Editorial Board Service

2020- Cognitive and Behavioral Practice
 2015-2019 Frontiers in Psychology: Psychopathology

Ad Hoc Reviewer

Archives of General Psychiatry
 Behavior Modification
 Behavior Therapy
 Behaviour Research and Therapy
 Body Image
 Cambridge University Press
 Child Psychiatry & Human Development
 Clinical Psychological Science
 Clinical Psychology Review
 Cognition and Emotion
 Cognitive Behaviour Therapy
 Cognitive Therapy and Research
 Depression and Anxiety
 Frontiers in Psychology: Psychopathology
 General Hospital Psychiatry
 Journal of Consulting and Clinical Psychology
 Journal of Behavior Therapy and Experimental Psychiatry
 Journal of the International Neuropsychological Society
 Journal of Obsessive-Compulsive and Related Disorders
 Journal of Psychosomatic Research
 Journal of Social and Clinical Psychology
 Mindfulness
 Movement Disorders Clinical Practice
 Neuropsychology
 Psychiatry Research