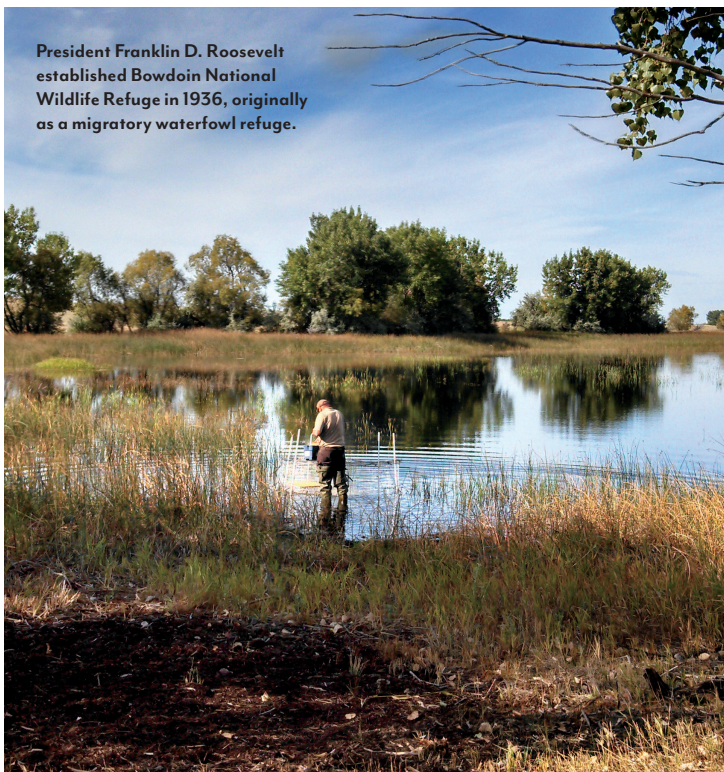


## Forward



### Other Bowdoins

## Bowdoin Goes West?

**TRAVEL NEARLY** 2,000 miles west from campus, and you'll find yourself at another Bowdoin—Bowdoin National Wildlife Refuge—in Montana. The similarity, though, ends at the spelling.

This Bowdoin is pronounced bow-doyne, and according to Lori Taylor, a curator at the nearby Phillips County Museum, is named after Louis Beaudoin, a surveyor for the Great Northern Railway, who suggested they call the lake the park is named for after himself.

"When it was recorded, they changed the spelling to 'Bowdoin,'" she says.

The location was originally planned to be one of the stops on the famous rail line, on the same section that included other names inspired by places around the world and the Northeast, including Oswego and Nashua. It never came to fruition, though, which is good news for the more than 260 species of birds that have been documented on the 15,550-acre refuge, including piping plovers, willow flycatchers, and arctic terns.

Though merely speculation, we like to believe the spelling may be due in part to Bowdoin grad Paris Gibson, class of 1851, who was founder, first mayor, and namer of nearby Great Falls, Montana. Gibson was friends with Great Northern Railway founder James J. Hill and introduced Hill to the region—even convincing him to extend the northern line to his city.

### Sound Bite

*“If there was ever  
a time to run out  
of your house  
flying toward the  
light, this is it.”*

—TOSHI REAGON, BOWDOIN'S 2022–2023 JOSEPH MCKEEN VISITING FELLOW, IN A CONVERSATION ABOUT THE ENVIRONMENTAL CHALLENGES FACING THE PLANET DURING THE EVENT "MOTHER VOICES: TRANSFORMATIVE INTERGENERATIONAL JOURNEY."



### Alumni Life

## SEARCHED AND SEEN

**Google featured artwork by Lyne Lucien '13 as its home page doodle on February 8, 2023. Lucien's artwork celebrated Mama Căx, a Haitian American model and advocate for people with disabilities who challenged the fashion industry's standard of beauty by proudly showcasing her prosthetic leg on the runway and was part of Google's observance of Black History Month. Alumni also saw Lucien's artwork closer to home recently in the spring/summer 2022 issue of Bowdoin Magazine.**

### Alumni Life

## Orienting a Career

**THE BOWDOIN ORIENT** has a reputation for pursuing thorny topics that can put administrators on edge. Over its 150 years of operation, it has honed the skills of many cub reporters who have gone on to impressive journalism careers.

An informal survey revealed that more than 120 *Orient* alumni who graduated between 1979 and 2020 are working as reporters for outlets like *The Washington Post*, *The Wall Street Journal*, and the *Boston Globe*. (Scott Allen '83, for one, oversees the *Globe's* famous investigative Spotlight Team.) Jane Godiner '23, an aspiring journalist herself, recently interviewed a few of these alumni to ask how their time at the *Orient* influenced them.



ESPN sports analytics writer **Seth Walder '11**, a former *Orient* sports editor and editor-in-chief, credited the student newspaper for helping to launch his career. "The *Orient* was a really foundational way for me to build skills. The fact that we were doing this paper every week, very much independently, forced me to learn," he said. "When I left Bowdoin, there was plenty more to learn in the 'real world,' but I had built up skills from the *Orient* that were certainly helpful right away."

**Evan Gershkovich '14**, a former *Orient* contributor and current Russia-based reporter at *The Wall Street Journal*, said his time at the *Orient* was not only characterized by camaraderie, but by professional development. "I remember a friend of mine basically sitting me down and teaching me the mechanics of a news story, from the lede to the nut graf," he said. "My friends at the *Orient* were very serious, driven people. They took what they did seriously, and they helped me learn more about what journalism truly is."



**Kimberly Launier '98**, a producer at CNN who has also worked on documentary film and television productions with ABC News and HBO, said she appreciated the chance to work with fellow students who were "smart, empathetic, kind, and diligent." She added, "I've been so lucky, and also worked incredibly hard, to have one of the most truly fun careers I ever could have imagined. I've had the time of my life having adventures with unforgettable people and creatures. And it all started at Bowdoin."



### Student Life

## Talk Therapy

In a recent episode of "Blooming Daily," a wellness podcast that Ruth Olujobi '25 started last year, she turns her attention to relationships. "We think about how our diet affects our health and how exercise affects our health, but how do relationships affect our health?" she asks—before conceding that, as a sophomore, she's not quite an expert in this department yet. Olujobi, a pre-med student, launched the podcast to channel her passion and energy around health and wellness, particularly for young people and underserved communities.

"Blooming Daily" is one of two prominent student podcasts that focus on "what it means to be well, and not well, too," said Bowdoin's wellness director Kate Nicholson. Connor Lloyd '23 began his show, "The Things I Haven't Even Told My Therapist," in 2021 to offer "semi-comedic and all-too-honest firsthand examination of what it means to navigate society, college, social life, and athletics when struggling with mental health."

Nicholson shared the two podcasts with the Bowdoin community during the fall semester, urging students to tune in. "I hope these voices and resources offer reassurance and good company in your remaining weeks," she said.

For Lloyd, speaking into the microphone has been a healing exercise. "Making this show has been as therapeutic for me as I hope it has been for you," he said.

[Listen to "Blooming Daily" on Spotify and "The Things I Haven't Even Told My Therapist" on Podbean.](#)