



Optional Practical Training (OPT) Request Form for F-1 VISA Holders

Part I: Student Information

Last Name:	First Name:	Date of Birth
Cell Phone Number:	Non-Bowdoin Email:	
Address Post Graduation (if known):		
City:	State:	Zip:
Have you ever applied for OPT before?	Yes	No
If Yes, previous EAD start date:	EAD Expiration Date:	
Have you had more than 12 months of full-time CPT?	Yes	No

Part II: Employment Information

Major(s):

Applying for: Pre-Completion OPT Post-Completion OPT

Looking for employment in what field(s)?

Explain how this job is related to your major field of study:

Requesting OPT Authorization Start Date: OPT End Date:

Part III: Important OPT Reminders

- For pre-completion OPT, you can file the Form I-765 up to 90 days before being enrolled for a full academic year, as long as the OPT will not begin until after you have completed a full academic year.
- For post-completion OPT, you can file the Form I-765 up to 90 days before your program end date and no later than 60 days after your program end date.
- The Form I-765 must be received by USCIS within 30 days of the date your advisor made the OPT recommendation in SEVIS.
- If you move and do not provide USCIS with your new address, your EAD will be returned to USCIS. To change your address, submit an online Form AR-11 to USCIS, and ask your DSO to update SEVIS.
- Your OPT employment must be directly related to your field of study and cannot begin until you have the EAD card in hand (and the start date has arrived).
- F-1 status is dependent upon full-time employment or volunteer service while on post-completion OPT. You cannot accrue more than 90 days of unemployment while on post-completion OPT. If you are close to 90 days, consult with your DSO.
- You will need to continue to update your DSO with address changes and changes in employment while on post completion OPT.

Student's Signature

Date