

# Fertility and Family Building

### **Provided by: Bowdoin College**

Your Progyny benefit has been specifically designed to give you the best chance of fulfilling your dreams of family. Whether you just want to learn more about your options, are trying to conceive, or exploring fertility treatment, we are here for you.

Access **comprehensive coverage** through the **Progyny Smart Cycle**, which covers all the individual services, tests, and treatments you may need. Connect with **top fertility specialists** across the U.S. and lean on your Patient Care Advocate with unlimited **concierge support**.

#### Your Progyny coverage includes:

- 3 Smart Cycles per family per lifetime for fertility treatment coverage
- Progyny Rx fertility medication coverage
- Fertility preservation coverage for egg and sperm freezing
- Donor tissue coverage for egg and sperm tissue purchase

Note: The person(s) receiving fertility treatment must be enrolled in an eligible medical plan through Bowdoin College to have access to the Progyny benefit. You are subject to financial responsibility according to your plan. Please consult with your human resources department to confirm your eligibility.

## Common ways to use a Smart Cycle:



IVF Fresh Cycle



IVF Freeze-All Cycle



Frozen Embryo Transfer (FET)



Intrauterine Insemination (IUI) or Timed Intercourse



Pre-Transfer

Embryology Services



Egg Freezing



Sperm Freezing



# Call Progyny at 833.233.1088 to get started Visit progyny.com/benefits