

BOWDOIN COLLEGE NEW STUDENT HEALTH SERVICES CHECKLIST

Welcome Polar Bears!

Below is a checklist you can use to ensure you have completed all the required health forms. You will note two deadlines. The first, **June 20th**, aligns with the deadline for Orientation trip forms. Forms must be submitted via the Student Health Portal <https://bowdoin.studenthealthportal.com/>.

Submitting forms promptly allows Health Services to review and identify missing requirements.

We will not accept mailed or faxed documents.

If you have any questions, please email healthservices@bowdoin.edu.

ONLINE FORMS	INSTRUCTIONS	DUE DATE
Student Health Portal <i>Medical History and Wellness Form</i>	Student must complete the online <i>Medical History and Wellness Form</i> .	JUNE 20TH
Student Health Portal <i>Immunization History Form</i> .	Complete <i>Immunization History</i> using documentation from your health care provider.	JUNE 20TH
Student Health Portal <i>Tuberculosis Screening Form</i> .	Complete online form <i>Tuberculosis Screening</i> .	JUNE 20TH
Student Health Portal <i>HS Plan Information</i>	Indicate what your health insurance coverage will be while at Bowdoin. This does not exclude you from the waiver process.	JULY 18TH
Student Health Portal <i>Consent Form</i>	Review and sign the <i>Consent Form</i> . If you are under age 18 upon arrival, your parent/guardian must review and sign.	JULY 18TH
DOCUMENTS TO UPLOAD	INSTRUCTIONS	DUE DATE
Comprehensive immunization records from your health care provider. These must be legible and in English.	Upload to the Student Health Portal using the upload button within the online <i>Immunization History</i> form.	JUNE 20TH
Request for Provisional Admittance form This must be completed if you have missing immunizations you will be receiving before or upon arrival at Bowdoin.	Upload to the Student Health Portal. Use the Document Type “Provisional Admittance”.	JUNE 20TH
Documentation of a physical within the last 18 months. You may use our form OR documentation from your health care provider. If you plan to play intercollegiate sports, you must use a Bowdoin physical form and have a physical dated within 6 months of the start of your athletic season.	Upload to the Student Health Portal. Use the Document Type “Physical Exam Form”.	JULY 18TH
Tuberculosis Testing Form- <i>only if indicated by Tuberculosis Screening Tool.</i>	Upload to the Student Health Portal via the <i>Tuberculosis Screening Form</i> or using the Document Upload option.	JULY 18TH
Health Insurance Card (if keeping home health insurance while at Bowdoin).	Upload images of the front and back of your insurance card via the HS Plan Information form. This does not exclude you from the waiver process.	JULY 18TH