

## Creamy Reuben Soup

Yield: 6 servings

4 Tbsp. Butter or Margarine\* ½ c. All Purpose Flour

1 ½ tsp. Ground Caraway Seeds

1 c. Chicken Broth

1½ qt. Milk

1 Tbsp. Dijon Mustard1 tsp. Horseradish

3/4 C. Grated Swiss Cheese

1 c. Sauerkraut

1 ½ c. Diced or Shredded Corned Beef

Salt and Pepper

- 1. Melt butter in a medium saucepan.
- 2. Add flour and caraway to make a roux. Cook over low heat for 3-5 minutes.
- 3. Add chicken broth and milk, whisk until smooth. Cook mixture until thick. Add mustard and horseradish.
- 4. Add cheese. When melted, add sauerkraut and corned beef.
- 5. Simmer for 10 to 15 minutes. Add salt and pepper to taste.
- 6. If soup is too thick, add more chicken broth and milk to desired consistency.

<sup>\*</sup> Bowdoin College Dining Service uses Smart Balance margarine which is trans fat-free and vegan.