

Cranberry Quinoa Salad

Yield: 10-4 oz. portions

1 c. Quinoa (organic, if possible)

2 c. Water

1 Tbsp. Lemon Grass, minced

1 tsp. Garlic, minced

1½ tsp. Jalapeno Pepper, minced

2 Tbsp. Fresh Mint, chopped

2 Tbsp. Fresh Cilantro, chopped % c. Red Onion, chopped

1 ½ c. Fresh Maine Cranberries

5 Tbsp. Honey
¼ c. Lime Juice
1 Tbsp. Olive Oil

- 1. Bring water to a boil, stir in quinoa. Simmer 20 minutes, until liquid is absorbed. Place in large bowl and chill.
- 2. Combine lemon grass, garlic, pepper, herbs, and onion. Set aside.
- 3. Put cranberries, honey and lime juice in a blender. Pulse until minced. Stir in olive oil.
- 4. Mix everything together and chill. Serve garnished with additional fresh mint and cilantro.