



Chilled Strawberry Soup

Yield: 8-8 oz. portions

2 lb.	IQF Strawberries in syrup, defrosted
13 oz.	Yogurt, Non Fat Plain
2 ½ c.	Half & Half
1 c.	Orange Juice
1 c.	Apple Juice or Cider
1 c..	Water
¼ tsp.	Cardamom, Ground

1. Combine all ingredients.
2. Puree in blender. Taste and adjust seasoning.
3. Chill and serve.