

Bowdoin Organic Garden Roasted Tomato Soup

Yield: 2 quarts (10 6-ounce portions)

Ingredients

3 c. onion, diced1 Tbsp. garlic, minced2 Tbsp. olive oil

4 large tomatoes, peeled, seeded, and cut into 1/2-inch dice

2 c. fresh 1/4-inch diced tomatoes with juice (or canned diced tomatoes in juice)

2 c. vegetable stock

2 c. water

1/4 tsp. black pepper

1/4 tsp. salt2 Tbsp. honey

2 Tbsp. chopped parsley

Instructions

- 1. Combine onion, 1/2-inch diced tomato, and oil. Roast at 450°F until nicely brown.
- 2. Place water, vegetable stock, and 1/4-inch diced tomato with juice in a large, heavy stockpot. Bring to a simmer.
- 3. Add remaining ingredients and simmer 40 to 45 minutes.
- 4. Puree mixture until smooth.
- 5. Adjust seasoning and garnish with chopped parsley.

Notes

Best if made a day in advance.