

Bowdoin College Spicy Penne Parmesan with Asparagus

Yield: 8 portions

16 oz. Penne 1/4 c. Olive Oil

1 small1 small1 small2 Yellow Pepper, chopped3 Green Pepper, chopped

2 Tbsp. Garlic, chopped1 tsp. Red Pepper Flakes

1 small Eggplant, unpeeled, cut in 1/2" cubes

16 oz. Diced Tomatoes with juice

¼ c. Fresh Basil, julienne

2 c. Asparagus, trimmed, 2" slices

3 T. Tomato Paste

2 T. Red Wine Vinegar

½ c. Parmesan Cheese, grated

To Taste Salt and Pepper

- 1. Cook penne according to directions. Drain and hold.
- 2. Saute peppers, garlic, and red pepper over high heat for 3 minutes.
- 3. Add eggplant and cook for 2-3 minutes.
- 4. Mix in tomatoes, ½ basil, tomato paste and vinegar. Simmer 10 minutes
- 5. Add asparagus. Simmer 2 minutes.
- 6. Salt and pepper to taste.
- 7. Stir in cooked pasta and ½ of parmesan cheese.
- 8. Grease 13" x 9" baking pan and add pasta mixture.
- 9. Bake at 350 degrees for 20 minutes.
- 10. Sprinkle with remaining parmesan and basil.