WALK-IN SERVICE FORM

Counseling Service strives to be responsive to students' needs in a timely manner. Typically our services are offered on an appointment basis. However, we are aware that emergencies requiring immediate attention can exist for students and our same-day crisis services are designed to assist these students. This form will help you evaluate whether it is appropriate to meet for a crisis/emergency appointment or whether your needs would be addressed by waiting for the next available counseling appointment.

Please read the following descriptions and check any items that apply to you:

☐ I am currently so distressed that I may be unable to keep myself or others safe.
☐ I have a current plan to attempt suicide or to harm someone else.
☐ I have recently been physically or sexually assaulted.
☐ Someone close to me has died recently.
☐ I am having strange experiences such as hearing voices or seeing things that others do not.
☐ I have knowledge of another person being abused or assaulted.
☐ I have had a severe reaction to a psychiatric medication.
☐ I have witnessed a traumatic event within the last few days.
☐ I have been unable to attend classes because of severe depression or anxiety.

If you have checked any of the above items, please circle "URGENT" below and give this form to the front desk staff. A counselor will get in touch with you shortly and do a brief assessment to make recommendations on how to assist you in your situation.

If none of the above items apply, but you believe your situation is still urgent and requires a crisis appointment, please circle "EMERGENCY HOUR" below and give this form to the front desk staff, and you will be seen during the next available crisis hour.

If none of the above items apply and you would like to see a counselor during the next available appointment, please circle "NEXT AVAILABLE" below and give this form to the front desk staff. They will schedule you with the next available appointment.

URGENT ☐ EMERGENCY HOUR ☐ NEXT AVAILABLE ☐

Name: ___________________________ Student ID #: ___________________________