

Bringing the outdoors “in”: how nature-based, outdoor play can inspire change in our work with young children and ourselves

Session 1: Creating outdoor, nature-based learning opportunities for all

Wednesday, September 24, 2025

5:45-7:30pm

Bowdoin College Children’s Center, Brunswick ME

Reflective Questions

1. What are your current successes when it comes to outdoor, nature-based play and learning in your work?
 2. What barriers and obstacles are you facing?
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Environment

- A space of “yes”
- Seasonality

Sourcing materials

- Inventory of what is there
- Gathering resources

Staffing realities/ratios

- Relationships
- Breaks
- Reframing teachers’ identities

Gear

- How to choose the best way to stay warm
- Sourcing warm clothing

Family support

- Communication about outdoor, nature-based learning