

## BOWDOIN COLLEGE CHILDREN'S CENTER HEALTH POLICIES CHART (2018-19)

Guidelines and Criteria for Exclusion from the Children's Center	Guidelines and Criteria for Inclusion in the Children's Center BCCC HAS 24 HOUR EXCLUSION FOR AN ILLNESS
<p>The Children's Center is a community of many families who are growing and playing together in close proximity. There are many opportunities for shared germs and illnesses. In the spirit of care for this community, we encourage each parent to assess their child against these guidelines and determine whether their child should attend the Center or if they would benefit from a day off in order to curb the spread of germs. This decision protects other children who are more susceptible to illness and possibly keeps others healthy. The following considerations are used to guide our decisions while the administrator's discretion is used to determine inclusion/exclusion. Center administration will communicate to all families when a child is diagnosed with an illness that requires notification or when it seems reasonable to share information about communicable diseases.</p>	<p>A child may return to the Center if they are acting more like themselves: actively participating in their day, able to sustain activity for extended periods of time, comfortable in their recovery, and any one of these criteria occurs:</p>
<p>The American Academy of Pediatrics recommends medical attention within an hour when children have: Been exposed to a vaccine-preventable disease and they are under-immunized, making them susceptible to this disease.</p>	<p>(When children are out of the program for five days or more, we request a doctor's note stating "good health" upon their return)</p>
<p><b>These symptoms are considered contagious enough to cause an outbreak of illness in the Center. The State and American Academy of Pediatrics request that we follow these guidelines.</b></p>	<p><b>Anesthesia Policy:</b> When a child has surgery and is under anesthesia, parents will keep the child home for the remainder of the day of surgery and the day after surgery.</p>
<p>Elevated temperatures (over 100.4 degrees, auxiliary) and look more than mildly ill. They may be lethargic, may complain of aches and pains, or may be unable to participate comfortably in the program.</p>	<p>When a child only has a low-grade fever and no other symptoms, they will not be excluded from the program. A child with a fever after receiving immunizations or while teething will not be excluded from the program.</p>
<p>When a child vomits (differentiated from spitting up) they need to leave the Center as soon as a parent/adult can get them in order to avoid infecting other children.</p>	<p>Vomiting has ceased for 24 hours and appetite has returned. In the event of a GI illness that dictates longer exclusion, please contact your pediatrician.</p>
<p>If a child has an unexplained or spreading rash or a rash with crusty or weeping lesions</p>	<p>The rash is explained by the pediatrician and offers no contagion to others in group care. Lesions or scabs have dried and are no longer weeping or crusty.</p>
<p>Signs of respiratory illness: remarkable coughing, wheezing, or difficulty breathing</p>	<p>Wheezing, coughing and difficulty breathing have been addressed by a pediatrician or are no longer present.</p>
<p>A physician's diagnoses of a contagious disease. Strep throat before 24 hours of antibiotics would be an example.</p>	<p>Physicians have written permission for the child to return to the Center that isn't contradictory to the Center's policies.</p>
<p>In an instance where a fever (above 100.4) <u>is the only symptom and</u> a known virus is present in the Center (or home).</p>	<p>The child is fever-free for 24 hours <u>without medication</u> and no other symptoms are present.</p>
<p>When a child has diarrhea (an increasingly frequent number of excessively watery or unformed stools in a few hours) they will be excluded from the Center within an hour. <b>In the event your child is on antibiotics and experiences diarrhea, we will continue to use this exclusion policy.</b></p>	<p>Diarrhea has ceased for the past 24 hours and solid food is eaten so that stools are appearing more normal.</p>
<p>When a child has discharge from the eyes or ears that is not clear and is a thick mucus substance. When a child is suspected to have bacterial conjunctivitis or viral conjunctivitis they must see a pediatrician.</p>	<p>Discharge from the eyes or ears has either been assessed and treated by a pediatrician or is no longer an issue. <u>Bacterial conjunctivitis</u> will be treated with antibiotics for 24 hours before returning.</p>
<p>When child has scabies or other infestation (e.g. lice and nits that have been untreated)</p>	<p>Head lice have been treated with a medicated shampoo and a complete nit removal has taken place. Nit removal must be completed daily for two weeks once the child has returned to the Center. Children will be excluded immediately if nits are found on them while at the Center. Parents will come immediately for their child to remove the nits and then return them to the Center.</p>
<p>The Center will not cite antibiotic use as single criteria for exclusion. We recognize that reactions to antibiotics can occur at any time. Educators will notify parents of any reactions to antibiotics when their children are in the program.</p>	<p>An ear infection is diagnosed and is treated with antibiotics as well as pain relievers so that the child is recovering and feeling more comfortable.</p>

**DURING FLU SEASON: CHILDREN WHO SHOW SYMPTOMS OF A VIRUS OR ILLNESS CURRENTLY IN THE CENTER, MAY BE EXCLUDED BEFORE THE ABOVE CRITERIA ARE MET. CHILDREN WHO ARE IN A HOUSEHOLD WHERE A VIRUS OR ILLNESS IS PRESENT ARE EXCLUDED IN ORDER TO PROTECT THE CHILDREN IN CARE FROM EXPOSURE.**