August/September 2020 Snack Menu

Preschool Program:
Morning Snack:
Oatmeal with Fruit
   (Cantaloupe, Honeydew, Watermelon or Bananas)

Afternoon Snack:
   Rice or Millet with Butter
   Fresh Vegetables
   (Cooked Peas, Corn, Sweet Potatoes or Raw Bell Pepper &
   Cucumber)
   Natural Cheddar Cheese

Older Toddler Program:
Morning Snack:
   Oatmeal
   Fruit (Melon or Bananas)

Afternoon Snack:
   Barley with Butter
   Shredded Cheddar Cheese
   Cooked Peas & Carrots

Young Toddler Program:
Morning Snack:
   Oatmeal with Bananas or Applesauce

Afternoon Snack:
   Rice or Millet with Butter
   Cooked Vegetables (corn, peas, carrots, sweet potatoes)
   Natural Cheddar Cheese

**All snacks served with water and milk. Rice or Soy milk are available as milk
alternatives upon request.
**All snacks are served Monday through Friday. Menu will rotate and change
monthly.