

Wicked Smart Group

ADHD CONNECTIONS

**JOIN OTHERS WHO HAVE ADHD
TO SHARE EXPERIENCES AND
DEVELOP NEW STRATEGIES:**

- **FOCUS MANAGEMENT**
- **SELF-ORGANIZATION**
- **ADHD-FRIENDLY
TIME MANAGEMENT
STRATEGIES**



FACILITATED
BY TINA CHONG, PHD,
ASSISTANT DIRECTOR BCLT

**SIGN UP FOR A 4-WEEK
WICKED SMART GROUP:**

**THURSDAYS 4:30-5:30 PM
(10/20, 10/27, 11/3, 11/10)
BCLT(NEW SPACE IN H-L LIBRARY)**

Register right [here!](#)



For more information contact Tina Chong,
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Bowdoin

BALDWIN CENTER FOR
LEARNING AND TEACHING