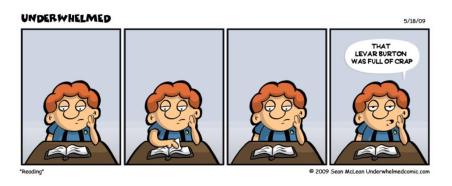
## Student Success Skills for Polar Bears

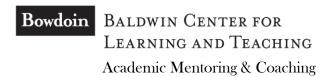
## **Reading a Boring Text**

## Seven Ways to Become Fascinated by a "Boring" Text

WONDER, WONDER, WONDER.

- 1. Ask guestions, especially "Why? How? What?"
- 2. Realize that this topic is so interesting that people have spent their entire professional lives studying it.
- 3. Make yourself be curious; make yourself be interested. Learn more about the topic. Maybe you don't know enough to be curious.
- 4. Predict try to guess. . .
  - the answers to your questions,
  - where the author is headed—try to second-guess the author.
- 5. Find or create an authentic reason/purpose for learning the information: a service, an application, a pressing need, etc. "To pass a test," while a survival goal, cannot energize your learning.
- 6. Think of yourself as a scholar, a scientist, or an artist and be determined to create new ideas, possibilities and original insights using the text as a springboard.
- 7. Integrate your abilities, prior knowledge, opinions, insights, and experiences with what you are reading.





Want to meet with an Academic Coach? Contact Tina Chong (t.chong@bowdoin.edu)

Looking for tips from a peer? Schedule a meeting with an <u>Academic Peer Mentor!</u>