Join this peer-led Wicked Smart Group:

**Easing Procrastination**

_A space for students to focus on planning skills to offset procrastination tendencies_

_Monday evenings 7-8PM  
Bi-weekly starting September 21  
Audrey’s Zoom Room_  
Facilitated by Audrey, Academic Peer Mentor Baldwin Center

Learn about why we procrastinate. Gain skills for staying organized, noticing and managing perfectionism, and breaking down work and goals. Benefit from peer support.

If you have any questions, please email Tina Chong, cchong2@bowdoin.edu or Audrey Reuman, arreuman@bowdoin.edu (don’t forget the second “R”!). We look forward to seeing you!