Student Success Skills for Polar Bears

Note taking systems

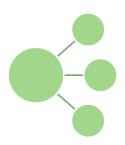
Taking clear and effective notes is an important skill for all students. Let's take a look at 3 popular note-taking systems:

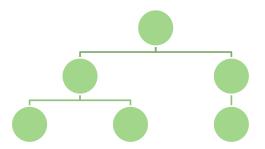
The Outlining Method

- Outlining records content as well as relationships.
 - Place major points farthest to the left.
 - Indent each more specific point to the right.
 - o Levels of importance will be indicated by distance away from the major point.
- It is easy to review by turning main points into questions.
- This system can be difficult to use during a fast lecture, but can be helpful for reading a text when there is enough time to think about the organization of information.

The Mapping Method

• Mapping is a notetaking form which relates each fact or idea to every other fact or idea.





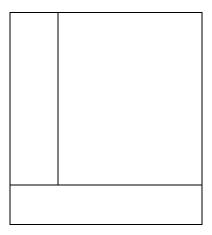
- This method can be used when reading a text to graphically represent the content or during a lecture where content is well-organized.
- Mapping maximizes active participation (in class) and emphasizes critical thinking.
- It is easy to edit your notes by adding numbers, marks, and color coding.
- Find examples of different concept maps here.



Want to meet with an Academic Coach? Contact Tina Chong (cchong2@bowdoin.edu)

The Cornell Method

- The Cornell method provides a systematic format for condensing and organizing notes without laborious recopying.
- Use only one side of your paper and draw a vertical line a few inches from the left side of the paper and a horizontal line a few inches up from the bottom of the page. Print out a template!



- Use the right side of the page to
 - o put down simple notes throughout the reading or during class.
 - Before you move to a new point, skip a few lines.
- Use the left-hand margin to
 - annotate your notes indicating key terms, concepts, dates.
 - Put down question marks to indicate that you should do further investigation on this section, either on your own or by going to office hours.
- Use the bottom margin to
 - o write a summary of each page of notes.
 - o briefly state the relationship between that page's key concepts.
- To review, cover your notes on the right side with a card, leaving the cues (left margin)
 exposed. Say as much as you can of the material underneath the card. Highlight any concepts
 you didn't know and give them extra attention.

Resources: Stanford University.

