



Hand Sew a Repurposed Jar Cozy from a Sock

Materials

One clean, wool tube-style sock
(note that you'll primarily use the top part of the sock)
Scissors
Needle and thread
Optional: decorations, such as buttons or scrap pieces of wool
Mason jar, or similar size jar

Directions

1. Select a top sock tube and fit it to your jar
2. Cut the sock near the foot, creating two pieces. You'll use the top of the sock, which should fit around the jar.
3. Optional: select a circular piece of wool (measuring 2.5 inch diameter circle) and sew to bottom, either by hand or machine. This would create a base to cover the bottom of the jar.
4. Decorate with other wool, buttons, hand-sewing any additions to the sock.

Hand Sew a Repurposed Jar Cozy from Patches

Materials

Two pieces of wool patches
One rectangular, measuring 10.5 x 5 inches
One circular, measuring 2.5 inches in diameter
Scissors
Needle and thread
Mason jar, or similar size jar

Directions

1. Select two wool patches and cut to the measurements noted above
2. With the rectangular patch, hand-sew the short sides together to make a cylinder that will fit around the jar
3. Hand-sew the circular patch to one end of the cylinder, creating the bottom of the cozy.
4. Hand-sew down raw edge of top to create a polished finish.

These activities come from a craft night collaboration with the Bowdoin College Office of Sustainability organized in conjunction with *Fast Fashion/Slow Art*. Held in the exhibition gallery in February 2020, the event was open to Bowdoin students who created knit jar cozies with yarn from recycled wool garments. Bowdoin Sustainability Outreach Coordinator Bethany Taylor compiled these craft activity instructions.

