

# 50 SUSTAINABLE Things To Do Before You Graduate

1. Win the dorm energy savings competition.
2. Go on a date to an event at Frontier Café.
3. Attend an event at Curtis Memorial Library in downtown Brunswick.
4. Explore the Cathance River Preserve in Topsham and look for signs of beavers and river otters!
5. Get lost while walking the trails in the Brunswick Town Commons.
6. Use the ride board (or a friend) to carpool where you need to go.
7. Make a fully recycled Halloween costume then join Brunswick's annual Halloween Parade down Maine Street!
8. Bike (or run) to Freeport for Ben & Jerry's free cone day.
9. Ride the whole Brunswick Explorer route (you can use it to do all your shopping).
10. Volunteer at the Bowdoin Organic Garden to see where your food comes from!
11. Have dinner at Bowdoin's Food Co-Op in Ladd House.
12. Go trayless for at least a week – then convince a friend to go trayless, too!
13. Go polar bearing in the ocean in late October to see the fall bioluminescent phytoplankton bloom (i.e. jump in the water naked and see the neon glow).
14. For each season, walk the tower stairs to the 16<sup>th</sup> floor to watch the sunset.
15. Get to know your dorm's EcoRep – or better yet, become an Eco-Rep!
16. Sustainable Bowdoin offers field trips—go with them to the Brunswick landfill to see where your trash goes.
17. Skip the solo cups at parties; use your own receptacle!
18. Bike to Simpson's Point at sunrise. Follow it up with an early visit to Frosty's!
19. Earn money back for your recycled cans and bottles by signing up for "Clynk" at Hannaford's.
20. Visit Bowdoin's Coastal Studies Center for a hike or a picnic.
21. Go to the summer (town quad) and winter (Fort Andross) farmer's markets and cook a meal with local ingredients.
22. Walk downtown in a snowstorm to rent *No Impact Man* from Bart & Greg's DVD Explosion (there's less traffic).
23. Buy fresh, live lobster from the wharf in Cundy's Harbor.
24. Visit *Play It Again Sports* for some used gear...no need to buy brand new ice skates!
25. Go apple picking at Rocky Ridge Farm and make an apple pie.
26. Go to a Locavore Dinner, Sunsplash, and Solarfest!
27. Pick up a new outdoor hobby...XC skiing, snowshoeing, star gazing, bird watching, etc.
28. Hike Morse Mountain to get to Seawall Beach and spend the day in the sun.
29. Eat only Maine foods for a day. It's easier than you think!
30. Discover the Cliff Trail on Great Island in Harpswell and see the Osprey nest (Hint: the trail is behind the Town Office).
31. Visit the Brunswick wastewater treatment plant.
32. Weatherize a house with Habitat for Humanity.
33. Go to El Camino and eat something from Outing Club director Michael Woodruff's farm.
34. Eat local pizza with local ingredients at Flipside.
35. Go on an ArtWalk with Five Rivers Arts Alliance in Brunswick.
36. Visit the flea market in Fort Andross.
37. Check out Shift on Maine Street to see the newest sustainability innovations.
38. Go on a trip with the Bowdoin Outing Club!
39. Participate in Eco-service day with Sustainable Bowdoin.
40. Get involved with the Yellow Bike Club and check out the Brunswick bike path.
41. Sign out a Kill-A-Watt Meter from the Library...it's actually fun!
42. Take a community-based learning course.
43. Go a week without using a car; Brunswick is very walker/biker friendly!
44. Get a complete card full of stamps from Express lunch or café for using a reusable lunch bag.
45. Support local non-profits by donating unwanted goods to Give-and-Go and by shopping at the Give-and-Go Sale for cool stuff that your friends cast off!
46. Sign up for Zipcar.
47. Go to the Common Ground Fair.
48. Find all the non-profits on Maine Street and get involved with one.
49. Explore Merrymeeting Bay—it's a fascinating place!
50. Try getting your shoes repaired at Shoe Renu, Inc. in Fort Andross instead of replacing them.