In times of economic hardship or prolonged illness, Bowdoin can help:

- **The Bowdoin Staff Assistance/Paller Funds** are available to employees who are suffering extreme financial hardship. You may be eligible for emergency funds (generally up to $600) if you are facing extenuating circumstances like an eviction notice, foreclosure notice, utility shut off notice, extraordinary hospital bills, etc.

- Employees with a serious health condition and who have exhausted their personal sick time may apply to the **Emergency Sick Time Bank** for additional time.

- Staff helping staff: Our contributions can increase the Paller Fund and Sick Bank for each other.

*For more information on either benefit or how to donate, please contact Human Resources or visit their website at [www.bowdoin.edu/hr](http://www.bowdoin.edu/hr).*