Getting Help After a Sexual Assault

**What would you like to do first?**
You may choose to do both

**REPORT**

**Would you like to report the incident to someone on or off campus?**
You may choose to do both

**Off Campus**
- Brunswick Police Department
  - For emergencies: 911
  - Other: 207-725-5521

**On Campus**
- Benje Douglas
  - Director of Title IX and Compliance
  - 207-721-5189
  - bdouglas@bowdoin.edu

**Visit the Title IX website to report an incident online**
You may remain anonymous

**GET SUPPORT**

**Would you like to talk to someone on or off campus?**
You may choose to do both
Confidential resources are marked with *

**On Campus**
- *The Counseling Center*
  - day: 207-725-3145
  - on-call: 207-725-3314

- *Melissa Quinby*
  - Women's Resource Center
  - 207-725-3724

- *The Health Center*
  - day: 207-725-3770
  - on-call: 207-725-3314

- *Kate Stern*
  - Center for Sexual and Gender Diversity
  - 207-798-4223

- *Bob Ives*
  - Religious and Spiritual Life
  - 207-798-4196

- *Safe Space Members*
  - see bathroom lists

**Off Campus**
- *Sexual Assault Support Services of Midcoast Maine*
  - 1-800-822-5999
  - 207-725-1500 (cell)

- *Family Crisis Services*
  - 1-800-537-6066
  - 207-721-0199

- *Mid Coast Hospital*
  - 207-373-6000

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**For Emergencies**

911
Bowdoin Office of Safety and Security
207-725-3500

For more information visit www.bowdoin.edu/title-ix