

# Getting Help After a Sexual Assault

What would you like to do first? (You may choose to do both)

Get Support

Would you like to talk to someone on or off campus? (You may choose to do both)

Report

On Campus

Would you like to report to someone on or off campus? (You may choose to do both)

**The Counseling Center**

day: 207-725-3145  
on call: 207-725-3314

**Kate Stern**

207-798-4228

**Eduardo Pazos**

207-798-4196

**The Health Center**

day: 207-725-3770  
on call: 207-725-3314

**Safe Space**

207-208-0642

On Campus

**Benje Douglas**

207-721-5189

**Lisa Peterson**

207-725-3411

Off Campus

**Brunswick Police Department**

For emergencies: 911  
Other: 207-727-5521

Off Campus

**Sexual Assault Support Services of Midcoast Maine**

1-800-822-5999

207-725-1500 (cell)

**Through These Doors**

1-800-537-6066

207-721-0199

**Mid Coast Hospital**

207-373-6000

Visit [www.bowdoin.edu/title-ix](http://www.bowdoin.edu/title-ix) to report an incident online

You may remain anonymous