

# BOWDOIN COLLEGE

## HEALTH PROFESSIONS ADVISING

Bowdoin College offers excellent academic preparation for a career in the health professions, and each of our students receives assistance in selecting their individual path through the curriculum. The Office of Health Professions Advising helps undergraduates and alumni investigate their options in health care and guides and supports candidates through the application process to graduate professional programs in health.

### **Selection of Major**

There is no specific pre-health major at Bowdoin; it is possible to concentrate in any academic discipline at the College and gain admission to a health professions program. To that end, it is our hope that the intellectual curiosity of our students will lead them to explore the curriculum broadly and to deeply engage the discipline they are most passionate about studying.

### **Advising**

At any point in their academic career, students and alumni may seek advice from the Director of Health Professions Advising about academic planning and preparation for a career in a health profession. Advising and programming begins during orientation and continues after a student graduates. Programming helps students think about careers that would be the best fit for their life and professional goals. Past programming has included professional panels, workshops, alumni visits, and meetings with professional school deans and admissions officers. The Director of Health Professions Advising helps students explore their interests in greater depth through related internships and community service. The College helps students to connect with volunteer opportunities at hospitals and clinics in Brunswick, and a network of alumni and local health professionals makes it possible for students to participate in informational interviewing, job shadowing, and internships.

### **Applying to Health Professions Programs**

It is the policy of the Office of Health Professions Advising to assist any student or graduate of the College who is seeking admission to a program in the health professions. In recent years, typically between 40 and 50 students and alums request a committee letter or credential packet from the Office of Health Professions Advising. These students work closely with the Director throughout the application process. Admission to health professions programs, particularly in allopathic medicine, is very competitive. At a national level, the majority of students matriculate into medical

school at least two years after graduation from college. In keeping with these trends, most Bowdoin pre-health students choose to take full advantage of their four years at Bowdoin, and to gain additional experience between college and professional school. During the interim, students continue to explore their future careers and strengthen their application: students have engaged in research, domestic and international service, additional academic work, and teaching, to name a few pursuits. Of those who have matriculated into medical school in recent years, typically 15% have chosen to do so the fall after graduating from Bowdoin, 15% the following year, 45% have enrolled 2-3 years out of college, and 25% have entered medical school 4-8 years after receiving their undergraduate degree. In addition to those whose commitment to health care is longstanding, each year the applicant group includes individuals whose interest in medicine was sparked after they graduated.

### **Admission to Health Professions Programs**

We urge prospective students who are trying to choose between undergraduate schools to look beyond the statistics of each institution to the quality of the curriculum, the pre-health advising, the opportunities in and beyond the classrooms and laboratories, and the support that is offered to applicants to health professions programs. Students will be most successful at an institution where they are happy and deeply engaged. We are extremely proud of the success of our graduates, but in reviewing our favorable numbers, kindly keep in mind that we encourage individuals to apply to programs in health care fields when, and not before, they are in a position to be realistic candidates. The acceptance rate was 91% for students who applied through Bowdoin to enter medical school in 2015. Nearly every candidate who has applied to enter programs in dental medicine, nursing, nutrition, occupational therapy, optometry, pharmacy, public health, and veterinary medicine during the past three years has been accepted.

[www.bowdoin.edu/healthprofessions](http://www.bowdoin.edu/healthprofessions)

*Please see the reverse side for a list of the health professions programs in which Bowdoin graduates are currently enrolled.*

# BOWDOIN COLLEGE

## HEALTH PROFESSIONS ADVISING

### PROGRAMS IN WHICH BOWDOIN GRADUATES ARE CURRENTLY ENROLLED

#### Allopathic Medicine

Albany  
 Boston University  
 Brown  
 Case Western  
 Columbia  
 Cornell  
 Dartmouth (Geisel)  
 Drexel  
 Eastern Virginia  
 Emory  
 George Washington  
 Georgetown  
 Harvard  
 Hofstra  
 Jefferson  
 McGill  
 Mount Sinai (Icahn)  
 Northeastern Ohio  
 NYMC  
 NYU  
 OHSU  
 Penn State  
 Quinnipiac  
 Rutgers RWJ  
 Saba  
 St. Georges  
 Stanford  
 StonyBrook  
 SUNY Brooklyn  
 SUNY Syracuse  
 Tufts  
 Tufts Maine Track  
 Tulane  
 UCLA  
 UCSD  
 UCSF  
 University at Buffalo  
 University of Arkansas  
 University of Chicago  
 (Pritzker)  
 University of Colorado

University of  
 Connecticut  
 University of Indiana  
 University of Iowa  
 University of Maryland  
 University of  
 Massachusetts  
 University of Miami  
 University of Michigan  
 University of New  
 Mexico  
 University of North  
 Carolina  
 University of Oklahoma  
 University of  
 Queensland/ Ochnsner  
 Clinical Program  
 University of Rochester  
 University of Tennessee  
 University of Vermont  
 University of Virginia  
 USC  
 Vanderbilt  
 Wake Forest  
 Washington University  
 Wright State  
 Yale

#### Dental Medicine

Harvard  
 Rutgers  
 Temple  
 Tufts  
 Tufts  
 University of  
 Connecticut  
 University of New  
 England  
 University of  
 Pennsylvania  
 University of Texas, San  
 Antonio

#### Naturopathic Medicine

Bastyr

#### Nursing

UCSF  
 University of  
 Pennsylvania  
 Rush

#### Osteopathic Medicine

KCU-COM  
 LECOM  
 NYIT  
 PCOM  
 Touro NY  
 UNE

#### Pharmacy

University of North  
 Carolina  
 Texas A&M  
 University of Cincinnati

#### Physical Therapy

NYU

#### Physician Assistant

Northeastern  
 Tufts

#### Public Health

Emory  
 Harvard  
 Johns Hopkins  
 Washington University

#### Veterinary Medicine

Cornell  
 Penn  
 Western