# FIRST AID KIT MAINTENANCE LIST

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The following items are recommended for basic first aid kits:

**FIRST AID MANUAL**

**CUSTOMIZED ITEMS:**

- **BANDAIDS, SELECTION**
- **GAUZE DRESSINGS**
- **COMPRESSES**
- **ADHESIVE TAPE**
- **TRIANGULAR BANDAGE**
- **ELASTIC BANDAGE**
- **SAFETY SCISSORS**
- **TWEEZERS**
- **DISPOSABLE GLOVES**
- **SAFETY GLASSES**
- **STERILE MASK**
- **DISPOSABLE CPR SHIELD**
- **EYE WASH BOTTLE**
- **DISPOSABLE COLD PACK**
- **EMERGENCY BLANKET**
- **ANTISEPTIC WIPES/SPRAY**
- **BURN CREAM**
- **ANTIBIOTIC OINTMENT**

**INSTRUCTIONS**

1. Perform at least annual inspections of kits in your work area, and replace out-of-date, damaged, or used items (i.e., packages of gauze or cotton that have been opened and exposed to the air).

2. DO NOT maintain internal medications of any kind in the kits (i.e., aspirin); topical medications (i.e., antibiotic ointment) are acceptable.

3. Replace *latex gloves with nitrile, vinyl, or other synthetics.

4. New kits may be ordered from EHS (x3763) or the Warehouse (x3309); individual components may be purchased individually, or through EHS.

5. Departments are encouraged to add items suitable to their work setting to the above basic list (i.e., burn kits in dining halls), and to include notice to employees about the location and contents of the kits during initial training and regular staff meetings.

Please contact the EHS Manager (x3763) with any questions, or to conduct a review of your workplace.